

Resident Spotlight



Sondra

Born and raised in Elko, Nevada, Sandy has a love for camping, fishing, fashion, and country western dancing. She has two children, a grandson, and several nieces and nephews who fill her heart. Her sister says

her home was always open to others and filled with happiness. Sondra can often be found going for walks, getting her nails done, or just chatting with all the various groups within the community. Her family says she has been well loved by those around her and that has held true for her Arbors family as well.

Team Member Spotlight



Mya

Mya has been with the Arbors family for a year as a caregiver. Being the oldest of nine siblings, she discovered she had a built in skill set that fit perfectly with our team. Time management and redirecting are second

nature for her and growing up around that many siblings, she said you learn how to be a people person. Mya's favorite part of the day at Arbors is meal time. Having everyone gathered brings that family feeling she loves. If you ask her what her future holds, her eyes light up as she tells you with a smile: caregiving. It's one hundred percent where her heart is.



Monthly Birthday Bash

Every month, Arbors hosts a birthday bash to celebrate any and all birthdays. This last month, our theme was Blue Hawaiian! Next month, make sure to come celebrate with us on Friday, October 18 at 1:30 pm for a Western-themed bash!

We have live music, fun photo props, mocktails, and good old fashioned birthday cake!

All family is always invited to our birthday bashes. Any excuse to party, right? Come dance the day away!



Share Your Thoughts This October!

Resident & Responsible Party Satisfaction Survey

Residents and Responsible Parties, please keep an eye on your email for our Annual Satisfaction Survey! We are sending out our annual survey links from September 27th. The survey window is open through October 31st.



Your participation is greatly appreciated!



Indoor Herb Garden Planting!



Make sure to ask about our team for the Walk to END Alzheimer's! We'll be at the Sparks Marina on October 19th. Come join us!

A Note from the Executive Director



Amanda Jenkins, Executive Director

Dear Residents, Family, and Friends of Arbors Memory Care, I can't believe we have turned the corner into fall. Happy October everyone!

Many of you have received calls from Jan

our Business Office Director and Tammy, our Administrative Assistant, confirming we have your correct email address. We will be sending out a resident satisfaction survey and our hope is to have everyone's participation.

HAPPY Birthday

Residents

- Paul, 10/8
- Scott, 10/17
- Sondra, 10/20
- Michael, 10/23
- Frances, 10/30

Staff

- Cheyenne, 10/31

OCTOBER 2024

Arbors Memory Care

• 2121 E. Prater Way, Sparks, NV 89434

• 775-331-2229

SUN	MON	TUE	WED	THU	FRI	SAT
		1 9:00 Gardening Club 10:00 Chair Yoga 11:00 Prayers with Deacon 2:00 Letter Writing 3:30 BINGO 6:00 Price Is Right	2 9:00 Morning News 10:00 Sit & Be Fit 11:00 Catholic Communion 2:00 Noodle Balloon 3:30 Sunshine Visits 4:00 Resident Council 6:00 I love Lucy	3 9:00 Gardening Club 10:00 Ball Exercises 11:00 Funny Pet Videos 2:00 Bean Bag Toss 3:30 BINGO 4:00 Armchair Travel 6:00 Wheel of Fortune	4 9:00 Gardening Club 10:00 Chair Yoga 11:00 Best Dad Jokes 2:00 Noodle Balloon 3:00 Mocktail Hour 4:00 Memory Boxes 6:00 Movie and Popcorn	5 9:00 Morning Updates 10:00 Music & Movement 11:00 Ping Pong Cups 2:00 Poetry Club 3:30 BINGO 4:30 Sunshine Visits 6:00 Family Feud
	6 9:00 Gardening Club 10:00 Sunday Stretch 11:00 Armchair Travel 2:00 Hand Spa 3:00 Snack and Chat 4:30 Dessert Trivia 6:00 Jeopardy	7 Mad Hatter Day 9:00 Morning News 10:00 Golden Walkers 11:00 Mad Hatter Tea Party 2:00 Catfish Carl 3:30 BINGO 6:00 Movie and Popcorn	8 9:00 Gardening Club 10:00 Chair Yoga 11:00 Animal Trivia 2:00 Short Stories 3:30 BINGO 6:00 Price Is Right	9 9:00 Morning News 10:00 Sit & Be Fit 11:00 Pumpkin Centerpieces 2:00 Noodle Balloon 3:30 Sunshine Visits 4:00 Puzzle Time 6:00 I love Lucy	10 Cake Decorating Day 9:00 Gardening Club 10:00 Ball Exercises 11:00 Mini Cake Baking 2:00 Cake Decorating 3:30 BINGO 4:00 Armchair Travel 6:00 Wheel of Fortune	11 9:00 Gardening Club 10:00 Yuki the Dog Visits 11:00 Chair Yoga 2:00 Noodle Balloon 3:00 Mocktail Hour 4:00 Memory Boxes 6:00 Movie and Popcorn
13 9:00 Gardening Club 10:00 Sunday Stretch 11:00 Happy Dog Coloring 2:00 Hand Spa 3:00 Snack and Chat 4:30 Dessert Trivia 6:00 Jeopardy	14 9:00 Morning News 10:00 Golden Walkers 11:00 Acrylic Paint Project 2:00 Chaplin Service 3:30 BINGO 6:00 Movie and Popcorn	15 9:00 Gardening Club 10:00 Chair Yoga 11:00 Prayers with Deacon 2:00 Violin and Piano 3:30 BINGO 6:00 Price Is Right	16 9:00 Morning News 10:00 Sit & Be Fit 11:00 Acrylic Handprints 2:00 Noodle Balloon 3:30 Sunshine Visits 4:00 Puzzle Time 6:00 I love Lucy	17 9:00 Gardening Club 10:00 Ball Exercises 11:00 Ping Pong Cups 2:00 Bean Bag Toss 3:30 BINGO 4:00 Armchair Travel 6:00 Wheel of Fortune	18 9:00 Gardening Club 10:00 Chair Yoga 11:00 Sweetest Stones Craft 1:30 Birthday Bash 3:00 Mocktail Hour 4:00 Famous Birthdays 6:00 Movie and Popcorn	19 9:00 Morning Updates 10:00 Music & Movement 11:00 1960's Reminiscing 2:00 Conversation Dice 3:30 BINGO 4:30 Sunshine Visits 6:00 Family Feud
20 9:00 Gardening Club 10:00 Sunday Stretch 11:00 Table Games 2:00 Hand Spa 3:00 Snack and Chat 4:30 Dessert Trivia 6:00 Jeopardy	21 Back To The Future Day 9:00 Morning News 10:00 Golden Walkers 11:00 Animal Trivia 2:00 Floral Coloring 3:30 BINGO 6:00 Movie and Popcorn	22 Color Day 9:00 Gardening Club 10:00 Chair Yoga 11:00 Food Trivia 2:00 Hand Spa 3:30 BINGO 6:00 Price Is Right	23 9:00 Morning News 10:00 Sit & Be Fit 11:00 Word Games 2:00 Noodle Balloon 3:30 Sunshine Visits 4:00 Puzzle Time 6:00 I love Lucy	24 9:00 Gardening Club 10:00 Ball Exercises 11:00 Short Stories 2:00 Bean Bag Toss 3:30 BINGO 4:00 Armchair Travel 6:00 Wheel of Fortune	25 9:00 Gardening Club 10:00 Yuki the Dog Visits 11:00 Chair Yoga 2:00 Noodle Balloon 3:00 Mocktail Hour 4:00 Memory Boxes 6:00 Movie and Popcorn	26 Pumpkin Day 9:00 Morning Updates 10:00 Music & Movement 11:00 Painting Pumpkins 2:00 Shake It Out Cards 3:30 BINGO 4:30 Sunshine Visits 6:00 Family Feud
27 9:00 Gardening Club 10:00 Sunday Stretch 11:00 Relaxation Coloring 2:00 Hand Spa 3:00 Snack and Chat 4:30 Dessert Trivia 6:00 Jeopardy	28 9:00 Morning News 10:00 Golden Walkers 11:00 Animal Trivia 2:00 Letter Writing 3:30 BINGO 6:00 Murder She Wrote	29 9:00 Gardening Club 10:00 Chair Yoga 11:00 Prayers with Deacon 2:00 Silly Halloween Stories 3:30 Trunk or Treat 6:00 Price Is Right	30 9:00 Morning News 10:00 Sit & Be Fit 11:00 Word Games 2:00 Noodle Balloon 3:30 Sunshine Visits 4:00 Puzzle Time 6:00 I love Lucy	31 Happy Halloween! 9:00 Gardening Club 10:00 Ball Exercises 11:00 Costume Competition 2:00 Bean Bag Toss 3:30 BINGO 4:00 Armchair Travel 6:00 Wheel of Fortune		



October 2024



upcoming events

Resident Council
10/2, 4 PM
Clubhouse

Mad Hatter Tea Party
10/7, 11 AM
Clubhouse

Acrylic Paint Project
10/14, 11 AM
Clubhouse

Support Group
10/15, 4 PM
Clubhouse

Birthday Bash
10/18, 1:30 PM
Common Area

The Walk to End Alzheimer's
10/19, 8:30 AM
Sparks Marina

Trunk or Treat
10/29, 3:30 PM
Front Entrance



Our mission is to create and maintain comfortable, caring environments for those who depend on us.