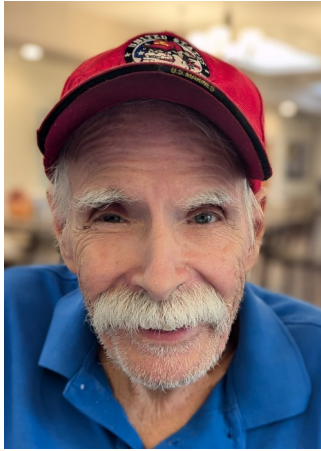


Resident Spotlight: John



Known as the MacGyver of his family, John loves to fix things. Whether he's got his hands in aircrafts as a marine working on electronic counter measures, or in his hometown fixing Xerox machines, he's determined to puzzle out each

problem. John has one daughter, eight grandchildren, and 19 great grandkids! He loves country music and was a square dance caller for 60 years, starting at age 16 as his first job. As he got older, John found a new passion for exploring the world via cruise ships. Crossing the Atlantic was his favorite cruise. John always said as his kids got older, he got younger. His bright eyes and easy smile certainly bring youth and happiness to the Arbors family!

Team Member Spotlight: Gabi



If you're looking for Gabi, follow the party music and you're bound to find her enjoying any and all festivities. Celebrations and family gatherings are her favorite pastime and she's quickly become a staple at all resident parties!

As a housekeeper,

Gabi takes pride in the residents' rooms being well-kept and clean. She always has an extra minute to help our residents with anything they need and finds little ways to sprinkle more love into their days. When asked about future plans, Gabi will smile and say, "One day at a time." She believes in living in the present, appreciating the small joys all around her, and finding every party to join! Gabi is a party enthusiast we love having at Arbors!



Madhatter Tea Party: After making their own hats, the residents sat down with a spread of teas and unique tea cups. They certainly had fun 'spilling the tea'!



www.arborsmemorycare.com

The Arbors Bulletin

Arbors Memory Care | 2121 E. Prater Way | Sparks, NV 89434 | 775-331-2229



A Note from the Executive Director



Amanda Jenkins, Executive Director

Dear Families and Friends,

November is here and we have a lot to be thankful for, and several celebrations planned for the month. We will be honoring our military men and women on the 13th with a pinning ceremony and hosting a

Thanksgiving feast later in the month. We would love to have you all join us. We will be sending a RSVP notification.

Just a reminder, please fill out the satisfaction survey. We sent a second notice out via email. We greatly appreciate your participation.

Letterboxing Coming to Arbors

Camping Day is on November 14th! Along with smores, brownies, and campfire stories, Arbors will be adding letterboxing to our Life Enrichment Department. Once a month, residents will pair up with a staff member and a map to seek out one of the

letterboxes hidden within the community. Inside each box is a journal with a fun question or riddle they can answer. After adding their name and answer to the journal, they can go back and read other replies. The boxes will have holiday themes, jokes, fun facts, and all sorts of random words of

fun. If you would like a map to seek out a fun letterbox while visiting with your loved one, bop into the activities department and they can help guide you.

Happy November, all!

HAPPY Birthday

Residents

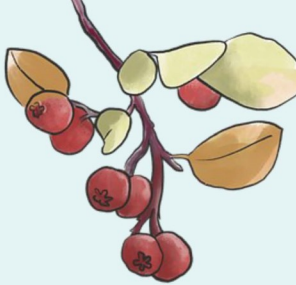
- Scott, November 25
- Cynthia, November 27


Staff

- Stormy, November 1
- Kat, November 2
- Shawn, November 20
- Kyle, November 24
- Tania, November 30


NOVEMBER 2024

Arbors Memory Care • 2121 E. Prater Way, Sparks, NV 89434 • 775-331-2229

SUN	MON	TUE	WED	THU	FRI	SAT
					1 9:00 Morning News 10:00 Yuki the Dog Visits 11:00 Sit & Be Fit 2:00 Parachute Balloon 4:00 Hand Spa 6:00 Comedy Movie	2 9:00 Morning Updates 10:00 Golden Walkers 11:00 Bean Bag Toss 2:00 Armchair Travel 3:30 BINGO 4:30 Sunshine Visits 6:00 Family Feud
3 9:00 Spiritual Piano 10:00 Sunday Stretch 11:00 Adult Coloring 2:00 Hand Spa 3:30 Snack and Chat 4:30 Trivia 6:00 Jeopardy	4 9:00 Morning News 10:00 Ball Exercises 11:00 Funny Kid Videos 1:00 Wheelchair Carwash 2:00 Catfish Carl 3:30 BINGO 6:00 Movie and Popcorn	5 9:00 Morning Updates 10:00 Music & Movement 11:00 Cooking Club 2:00 Memory Boxes 3:30 BINGO 6:00 Golden Girls	6 9:00 Morning News 10:00 Communion 11:00 Word Games 2:00 Adult Coloring 3:30 Sunshine Visits 4:00 Table Games 6:00 I Love Lucy	7 9:00 Morning Chronicle 10:00 Fitness Fun 11:00 Aromatherapy 2:00 Ring Toss 3:30 BINGO 4:00 Armchair Travel 6:00 Wheel of Fortune	8 9:00 Morning News 10:00 Gardening Club 11:00 Sit & Be Fit 2:00 Parachute Balloon 4:00 Hand Spa 6:00 SciFi Movie	9 9:00 Morning Updates 10:00 Golden Walkers 11:00 Bean Bag Toss 2:00 Armchair Travel 3:30 BINGO 4:30 Sunshine Visits 6:00 Family Feud
10 9:00 Spiritual Piano 10:00 Sunday Stretch 11:00 Letter Writing 2:00 Hand Spa 3:30 Snack and Chat 4:30 Trivia 6:00 Jeopardy	11 Veterans Day 9:00 Morning News 10:00 Ball Exercises 11:00 Veterans' Short Stories 2:00 Memory Lane 3:30 BINGO 6:00 Movie and Popcorn	12 Chicken Soup for the Soul Day 9:00 Morning Updates 10:00 Chicken Soup Stories 11:00 Prayers with Deacon 2:30 Sierra Arts Performance 3:30 BINGO 6:00 Murder She Wrote	13 9:00 Morning News 10:00 Chair Yoga 11:00 Word Games 12:30 Veteran's Lunch 2:00 Veterans Pinning Service 4:30 Support Group Meeting 6:00 Classic Shows: MASH	14 9:00 Morning Chronicle 10:00 Fitness Fun 11:00 Aromatherapy 2:00 Ring Toss 3:30 BINGO 4:00 Armchair Travel 6:00 Wheel of Fortune	15 9:00 Morning News 10:00 Yuki the Dog Visits 11:00 Sit & Be Fit 2:00 Turkey Craft with Tots 4:00 Hand Spa 6:00 Action Movie	16 9:00 Morning Updates 10:00 Golden Walkers 11:00 Bowling 2:00 Armchair Travel 3:30 BINGO 4:30 Sunshine Visits 6:00 Family Feud
17 9:00 Spiritual Piano 10:00 Sunday Stretch 11:00 Letter Writing 2:00 Hand Spa 3:30 Snack and Chat 4:30 Trivia 6:00 Jeopardy	18 9:00 Morning News 10:00 Ball Exercises 11:00 Funny Kid Videos 2:00 Chaplin Service 3:30 BINGO 6:00 Movie and Popcorn	19 Camping Day 9:00 Gardening Club 10:00 Music & Movement 11:00 Letterboxing 2:00 Violin and Piano 3:30 BINGO 6:00 Campfire Stories and Smores Brownies	20 9:00 Morning News 10:00 Chair Yoga 11:00 Word Games 2:00 Holiday Short Stories 3:30 Sunshine Visits 4:00 Table Games 6:00 I Love Lucy	21 9:00 Morning Chronicle 10:00 Fitness Fun 11:00 Bean Bag Toss 12:30 Thanksgiving Feast 3:30 BINGO 4:00 Armchair Travel 6:00 Wheel of Fortune	22 9:00 Morning News 10:00 Gardening Club 11:00 Sit & Be Fit 2:00 Parachute Balloon 4:00 Pie Drive By Fundraiser 6:00 Classic Movie	23 9:00 Morning Updates 10:00 Golden Walkers 11:00 Bean Bag Toss 2:00 Armchair Travel 3:30 BINGO 4:30 Sunshine Visits 6:00 Family Feud
24 Natl. Puzzles & Games Week 9:00 Spiritual Piano 10:00 Sunday Stretch 11:00 Puzzle Fun 2:00 Hand Spa 3:30 Snack and Chat 4:30 Trivia	25 9:00 Morning News 10:00 Ball Exercises 11:00 Funny Kid Videos 2:00 Memory Lane 3:30 BINGO 6:00 Movie and Popcorn	26 9:00 Morning Updates 10:00 Music & Movement 11:00 Prayers with Deacon 2:00 Memory Boxes 3:30 BINGO 6:00 Golden Girls	27 9:00 Morning News 10:00 Chair Yoga 11:00 Word Games 2:00 Holiday Short Stories 3:30 Sunshine Visits 4:00 Table Games	28 Thanksgiving Day 9:00 Morning Chronicle 10:00 Turkey Trivia 12:00 Thanksgiving Lunch 2:00 Walking Club 3:30 BINGO 6:00 Wheel of Fortune	29 9:00 Morning News 10:00 Yuki the Dog Visits 11:00 Christmas Tree Set Up 2:00 Holiday Decoration Fun 4:00 Hot Cocoa Table 6:00 Christmas Movie	30 9:00 Morning Updates 10:00 Golden Walkers 11:00 Bowling 2:00 Armchair Travel 3:30 BINGO 6:00 Family Feud




November 2024



upcoming events

- Cooking Club**
November 5, 11 AM
Clubhouse
- Sierra Arts Performance**
November 12, 2:30 PM
Piano
- Veterans Pinning**
November 13, 2 PM
Common Area
- Support Group**
November 13, 4:30 PM
Clubhouse
- Caregiver Coalition**
November 14, 9:30 AM
Grand Sierra
- Thanksgiving Feast**
November 21, 12:30 PM
Main Dining
- Pie Drive By**
November 22, 4 PM



Our mission is to create and maintain comfortable, caring environments for those who depend on us.