

Resident Spotlight



Cleta

Cleta is the heart and soul of Arbors. Her positivity and love for everyone shines bright and will put a smile on anyone's face! She was born and raised in Arkansas and lived in various places in California through her adult life, before settling here in Nevada. She has spent most of her life taking care of her family and that is what she is most proud of! She loves to be social and you can find her walking around spreading her love and light.

Team Member Spotlight



Tiara Pajarillo

Tiara is our rockstar Wellness Coordinator! She has been with us for a year now and we are thrilled to have her as a part of our family! She is there for residents, families and team members.

When she is not working, she enjoys reading, spending time with family and friends and watching baseball. Her favorite team is the Seattle Mariners.

We appreciate you Tiara and the heart you bring to our community each and every day!



We are all shook up so far this new year!

We celebrated the King himself, Elvis, on his birthday, Jan. 8th.



For Elvis' Birthday, our residents got to rock n'roll in style and listened to his hit songs by Lauren Smiley!



A Note from the Executive Director



Amanda Jenkins,
Executive Director

Dear Residents, Family, and Friends of Arbors Memory Care,

We are excited to announce that Vilma Hile is our new Dining Director! Vilma joined Arbors Memory Care last June. She accepted the position and is so excited because she loves to cook with her heart, and scratch cooking is her specialty. Her love for our residents is evident daily. Stop by and say

hello to Vilma when you have a chance.

We would be grateful if you would consider giving us a review on Google. If you haven't already, we invite you to follow our Facebook page "Arbors Memory Care Community."

Happy February!

Amanda Jenkins

HAPPY Birthday

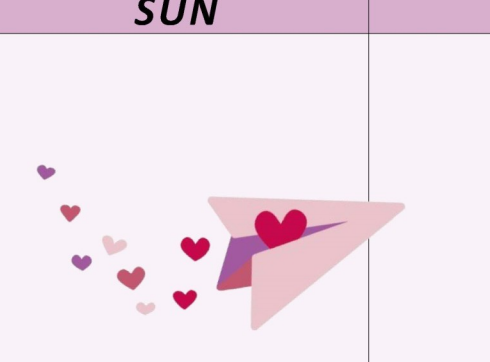
Residents

- Marilyn, February 25



FEBRUARY 2025 Arbors Memory Care • 2121 E. Prater Way, Sparks, NV 89434 • 775-331-2229

775-331-2229

SUN	MON	TUE	WED	THU	FRI	SAT
						1 National Candy Making Day 9:00 Daily Chronicles 9:15 Morning Stretching 10:00 Who, What, Where? 11:00 Parachute Ball 1:00 Aromatherapy Sensory 2:00 Creative Corner 3:00 Let's Make Candy! 4:00 Candyland Bingo 6:00 Saturday Sing Along Musical
2 Groundhog Day 8:30 Spiritual Piano 9:00 Daily Chronicles 10:00 History of the Groundhog 11:00 Groundhog Hunt 1:00 Aromatherapy Sensory 2:00 Hogtivities 3:30 Ukulele Tunes and Island History 6:00 Sunday Night Cinema	3 8:30 Daily Chronicles and Chair Fitness 9:45 Golden Walkers I Spy 10:00 Music Exploration 11:00 Lets Play Ball! 1:00 Aromatherapy Sensory 2:00 Catfish Carl 3:00 Bingo 4:00 Joggin' Your Noggin 6:00 Mystery Monday	4 Willie Mays' Day 8:30 Daily Chronicles and Chair Fitness 9:45 Golden Walkers 10:00 Brain Games 11:00 Deacon Ed 1:00 Aromatherapy Sensory 2:00 Scenic Outing 3:30 Bingo 4:30 Random Knowledge 6:00 Laugh Out Loud Movie Night	5 Chocolate Fondue Day Weatherpersons' Day 8:30 Daily Chronicles and Chair Fitness 9:45 Golden Walkers 10:00 Catholic Services with Kathy 11:00 Weather Experiment 1:00 Aromatherapy Sensory 2:00 Chair Zumba 3:00 Bingo 4:00 Chocolate Fondue Minis 6:00 Stick to the Classics	6 National Frozen Yogurt Day 8:30 Daily Chronicles and Chair Fitness 9:45 Golden Walkers 10:00 Beanbag Toss 11:00 Who Are We? 1:00 Aromatherapy Sensory 2:00 Let's Make Banana Fritters 3:00 Creative Corner 4:00 M*A*S*H Trivia 6:00 Popcorn and Movie Night	7 Little House Day 8:30 Daily Chronicles and Chair Fitness 9:45 Golden Walkers 10:00 What Am I? 11:00 Prairie Life Games 1:00 Aromatherapy Sensory 2:00 Resident Council Meeting 3:00 Creative Corner 4:00 Bingo 6:00 Family Night Movie Night	8 Potato Lovers' Day 9:00 Daily Chronicles 9:15 Morning Stretching 10:00 Who, What, Where? 11:00 Parachute Ball 1:00 Aromatherapy Sensory 2:00 Creative Corner 3:30 Bingo 6:00 Saturday Sing Along Musical
9 Super Bowl 59 Spa Day Sunday 8:30 Spiritual Piano 9:30 Football Movements and Conversations 11:00 Puppy Bowl 1:00 Aromatherapy Sensory 2:00 Hand Spa 3:30 Super Bowl Game 3:45 Relaxation Station 4:30 Tailgate Party and Ball Toss 6:00 Sunday Night Cinema	10 8:30 Daily Chronicles and Chair Fitness 9:45 Golden Walkers 10:00 Chair Volleyball 11:00 Blue Grass Association 1:00 Aromatherapy Sensory 2:00 Chaplin Music and Praise 3:00 Bingo 4:00 Joggin' Your Noggin 6:00 Mystery Monday	11 National Make a Friend Day Peppermint Patty Day 8:30 Daily Chronicles and Chair Fitness 9:45 Golden Walkers 10:00 Friendly Feud 11:00 Extraterrestrial Culture 1:00 Aromatherapy Sensory 2:30 Sierra Arts Performance 3:30 Let's Make Peppermint Brownies 6:00 Laugh Out Loud Movie Night	12 Abe Day 8:30 Daily Chronicles and Chair Fitness 9:45 Golden Walkers 10:00 Wheelchair Games 11:00 Creative Corner 1:00 Aromatherapy Sensory 2:00 Honest Abe Party 3:30 Famous Bearded Men 4:00 Smithsonian Virtual Trip 6:00 Stick to the Classics	13 "It's The Cat's Meow" Day 8:30 Daily Chronicles and Chair Fitness 9:45 Golden Walkers 10:00 Beanbag Toss 11:00 Cat Pageant 1:00 Aromatherapy Sensory 2:00 Paint and Sip 3:00 World Radio Trivia 4:00 Lovely Heart Bingo 6:00 Popcorn and Movie Night	14 Valentine's Day 8:30 Daily Chronicles and Chair Fitness 9:45 Golden Walkers 10:00 Yuki Visits 10:30 Candy Hearts Trivia 11:00 Mrs. Smiley Sings 12:00 Sweetheart Luncheon 2:00 Famous Couples 3:00 Hearts Dice Game 4:00 Valentine's Day Bingo 6:00 Chick Flick Night	15 National Gumdrops Day 9:00 Daily Chronicles 9:15 Morning Stretching 10:00 Who, What, Where? 11:00 Parachute Ball 1:00 Aromatherapy Sensory 2:00 Let's Make Gumdrops! 3:30 Bingo 6:00 Saturday Sing Along Musical
16 Spa Day Sunday 8:30 Spiritual Piano 9:00 Daily Chronicles 10:00 Morning Scavenger Hunt 11:00 Gentlemen's Spa Day 1:00 Aromatherapy Sensory 2:00 Hand Spa with Armchair Travels 3:30 Relaxation Station 4:00 Card Sharks 6:00 Sunday Night Cinema	17 Presidents' Day Random Acts of Kindness Day 8:30 Daily Chronicles and Chair Fitness 9:45 Golden Walkers 10:00 Chair Volleyball 11:00 President Games 1:00 Aromatherapy Sensory 2:00 Art Therapy 3:00 Bingo 4:00 Joggin' Your Noggin 6:00 Mystery Monday	18 National Wine Day 8:30 Daily Chronicles and Chair Fitness 9:45 Golden Walkers 10:00 Fun Facts and Knowledge 11:00 Deacon Ed 1:00 Aromatherapy Sensory 2:00 Scenic Outing 3:00 Cheese and Wine Tasting 4:00 Bingo 5:30 Support Group 6:00 Laugh Out Loud Movie Night	19 Tug of War Day Prize in the Box Day 8:30 Daily Chronicles and Chair Fitness 9:45 Golden Walkers 10:00 Gametime 1:00 Aromatherapy Sensory 2:00 Cracker Jack History 3:00 Creative Corner 4:00 Bingo 6:00 Stick to the Classics	20 National Muffin Day 8:30 Daily Chronicles and Chair Fitness 9:45 Golden Walkers 10:00 B-Ball Dribbling Exercises 11:00 Sidney Poitier's Birthday /Life Focus! 1:00 Aromatherapy Sensory 2:00 Muffin Bake Off 3:00 Creative Corner 4:00 Bingo 6:00 Popcorn and Movie Night	21 National Caregivers' Day 8:30 Daily Chronicles and Chair Fitness 9:45 Golden Walkers 10:00 Book Club 11:00 Thank You Cards 1:00 Aromatherapy Sensory 1:30 Jim on the Guitar 2:00 Campout Birthday Party 3:00 Bingo 4:00 Random Trivia 6:00 Family Movie Night	22 George Washington's Birthday National Margarita Day 9:00 Daily Chronicles 9:15 Morning Stretching 10:00 Who, What, Where? 11:00 Parachute Ball 1:00 Aromatherapy Sensory 2:00 Creative Corner with Margarita Mocktails 3:30 Bingo 6:00 Saturday Sing Along Musical
23 Spa Day Sunday 8:30 Spiritual Piano 9:00 Daily Chronicles 10:00 Busy Boxing 11:00 Hand Spa with Puzzlemania 1:00 Aromatherapy Sensory 2:00 Let's Make Banana Bread! 3:30 Bingo 6:00 Sunday Night Cinema	24 "Once Upon a Time" Day Tortilla Chip Day 8:30 Daily Chronicles and Chair Fitness 9:45 Golden Walkers 10:00 Chair Volleyball 11:00 Grimm Brothers Fairy Tales 1:00 Aromatherapy Sensory 2:00 Chaplin Music and Praise 3:00 Bingo With Chips n' Dip 4:00 Joggin' Your Noggin 6:00 Mystery Monday	25 "Here Comes the Sun" Day 8:30 Daily Chronicles and Chair Fitness 9:45 Golden Walkers 10:00 Bowling 11:00 Beatles Brunch 1:00 Aromatherapy Sensory 2:30 John Rand on the Guitar 3:00 Who Am I? 4:00 Bingo 6:00 Laugh Out Loud Movie Night	26 Old West Day 8:30 Daily Chronicles and Chair Fitness 9:45 Golden Walkers 10:00 Musical Baseball 11:00 Armchair Travel 1:00 Aromatherapy Sensory 2:00 Buffalo Bill Old West History 3:00 Country Line Dancing 4:00 Who Sang It? 6:00 Wednesday Western	27 Retro Day 8:30 Daily Chronicles and Chair Fitness 9:45 Golden Walkers 10:00 Beanbag Toss 11:00 Rock n' Roll Trivia 1:00 Aromatherapy Sensory 2:00 Strawberry Shortcakes 3:00 Creative Corner 4:00 Retro Flashback 6:00 Popcorn and Movie Night	28 8:30 Daily Chronicles and Chair Fitness 9:45 Golden Walkers 10:00 Chair 11:00 Armchair Travel 1:00 Aromatherapy Sensory 2:00 Carnival Games 3:30 Bingo 4:00 Random Trivia 6:00 Family Movie Night	