Resident Spotlight: Curtis



Curtis is one of our newest residents and has already found a place in all of our hearts. Originally from California, Curtis moved to Nevada after retiring from his career as a

general contractor. Along with his wife, Lynn, they owned their own company, Wright Construction. When Curtis wasn't working on fixing houses, you would find him cruising the town on his motorcycle or spending quality time with his family. He loves to be social and walk and talk to everyone he greets. He will offer help to anyone who needs it. He loves to talk about his six children, and he is very proud of his five grandchildren and nine great grandchildren. His absolute favorite subject, however, is his loving wife. He has made friends with all of us here and we could not be more thrilled.

Team Member Spotlight: Madison



Madison came to us in September and has been a ray of sunshine ever since! She used to work at a restaurant while attending college at UNR. Her ultimate

goal is to become an RN, or more specifically a trauma nurse. The residents absolutely love her bright smile and positive energy. She is devoted and treats all residents like family. She is kind and always willing to help. We are truly grateful for having a wonderful person on our team!

moments captured











We have been having lots of fun this month, keeping our spirits bright! We've loved our new adventures with our elf **Peppermint** Patty, cookie baking, and decorating with ornaments made for our residents by the local Girl Scout Chapter. We are ending the year jolly and bright!

Tis the season!



Arbors

January 2025 -

The Arbors Bulletin

Arbors Memory Care | 2121 E. Prater Way | Sparks, NV 89434 | 775-331-2229



A Note from the Executive Director



Amanda Jenkins, **Executive Director**

Dear Residents, Family, and Friends of Arbors Memory Care,

We are excited to announce that Cassandra Collom has accepted a new position as our Outreach and Admissions Specialist. She brought so much joy and love as the Life Enrichment Director and we are so thankful for her. We are delighted to announce that Jessica Aikman joined our team as the new

Life Enrichment Director. Please stop by to say hello to Jessica. She is a wonderful addition to our team and we are excited for all the fun adventures she will be bringing to the residents and our team.

Wishing you all a Happy New Year,

Amanda Jenkins

HAPPY Birthday

Residents

- Ginger, January 1
- Barbara, January 5
- Peggy, January 11
- Raymond, January 19
- Cleta, January 21

Staff

- Cassandra, January 12
- Gabriela, January 18
- Kai, January 23
- Beatriz, January 27

2025 Arbors I	Memory Care •	2121 E. Prater Way, Sparks, NV 89434 • 775-331-2229			
MON	TUE	WED	THU	FRI	SAT
			2	3	4
					9::00 Morning Updates
			10:00 Ball Exercises		10:00 Golden Walkers
		11:00 Mad Hatter Dance Off	11:00 Book Club	11:00 Who, What or Where?	11:00 Bean Bag Toss
		2:00 Hanukkah Candle Lighting	2:00 Hanukkah Candle Lighting	2:00 Creative Corner	2:00 Armchair Travel
		3:30 Parachute Ball Toss	3:30 BINGO	3:30 BINGO	3:30 BINGO
		4:30 New Year's Trivia	6:00 Movie and Popcorn	6:00 Golden Girls	4:30 Sunshine Visits
		6:00 Jeopardy			6:00 Movie and Popcorn
6	7	8 Elvis' Birthday	9	10	11
9:00 Morning Updates	9:00 Morning Updates	9:00 Morning Updates	9:00 Morning News	9:00 Morning Updates	9:00 Morning Updates
9:15 Beach Ball Conversations	10:00 Golden Walkers	10:00 Gardening Club	10:00 Ball Exercises	10:00 Game Time	10:00 Golden Walkers
10:00 Chair Fitness	11:00 Poker Chip Ante	11:00 Armchair Travel	11:00 Book Club	11:00 Who, What, or Where?	11:00 Bean Bag Toss
11:00 Adult Coloring	2:00 Puzzlemania	2:00 Ms. Smiley Sings	2:00 Sensory and Fidgets	2:00 Creative Corner	2:00 Armchair Travel
2:00 Catfish Carl	3:30 BINGO	3:30 Elvis Coloring	3:30 BINGO	3:30 BINGO	3:30 BINGO
3:30 BINGO	6:00 Family Feud	4:30 Trivia	6:00 Movie and Popcorn	6:00 Golden Girls	4:30 Sunshine Visits
4:30 Trivia		6:00 Jeopardy			6:00 Movie and Popcorn
13	14	15	16	17	18
9:00 Morning Updates	9:00 Morning Updates	9:00 Morning Updates	9:00 Morning News	9:00 Morning Updates	9:00 Morning Updates
9:15 Beach Ball Conversations	10:00 Golden Walkers	10:00 Gardening Club	10:00 Ball Exercises	10:00 Yuki Visits	10:00 Golden Walkers
10:00 Chair Fitness	11:00 Cooking Club	11:00 Karaoke	11:00 Book Club	11:00 Who, What or Where?	11:00 Bean Bag Toss
11:00 Adult Coloring	2:30 Sierra Arts Performers	2:00 Hand Spa Aromatherapy	2:00 Paint and Sip	1:30 Jim on the Guitar	2:00 Armchair Travel
2:00 Chaplin Services	3:30 BINGO	3:30 Parachute Ball Toss	3:30 BINGO	2:00 New Year's Birthday Bash	3:30 BINGO
3:30 Afternoon Adventures	6:00 Family Feud	4:30 Trivia	6:00 Movie and Popcorn	6:00 Golden Girls	4:30 Sunshine Visits
4:30 Trivia		6:00 Jeopardy			6:00 Movie and Popcorn
20 Martin Luther King Day	21	22	23 National Pie Day!	24	25
9:00 Morning Updates	9:00 Morning Updates	9:00 Morning Updates	9:00 Morning News	9:00 Morning Updates	9:00 Morning Updates
9:15 Beach Ball Conversations	10:00 Golden Walkers	10:00 Gardening Club	10:00 Ball Exercises	10:00 Game Time	10:00 Golden Walkers
10:00 Chair Fitness	11:00 Cooking Club	11:00 Karaoke	11:00 Book Club	11:00 Who, What or Where?	11:00 Bean Bag Toss
11:00 Have a Dream	2:00 Musician Tibor	2:00 Hand Spa Aromatherapy	2:00 Sensory and Fidgets	2:00 Creative Corner	2:00 Armchair Travel
2:00 Hand Spa	3:30 BINGO	3:30 Parachute Ball Toss	3:30 BINGO	3:30 BINGO	3:30 BINGO
3:30 Parachute Ball Toss	4:30 My Story Exhibit	4:30 Trivia	6:00 Movie and Popcorn	6:00 Golden Girls	4:30 Sunshine Visits
4:30 Trivia		6:00 Jeopardy			6:00 Movie and Popcorn
27	28	29	30	31	
9:00 Morning Updates	9:00 Morning Updates	9:00 Morning Updates	9:00 Morning News	9:00 Morning Updates	
9:15 Beach Ball Conversations	10:00 Golden Walkers	10:00 Gardening Club	10:00 Ball Exercises	10:00 Yuki Visits	
10:00 Chair Fitness	11:00 Cooking Club	11:00 Karaoke	11:00 Book Club	11:00 Who, What or Where?	
11:00 Adult Coloring	2:00 Puzzlemania	2:00 Hand Spa Aromatherapy	2:00 Sensory and Fidgets	2:00 Creative Corner	
2:00 Mad Hatter Tea Party	3:30 BINGO	3:30 Parachute Ball Toss	3:30 BINGO	3:30 BINGO	
4:30 Trivia	6:00 Family Feud	4:30 Trivia	6:00 Movie and Popcorn	6:00 Golden Girls	
6:00 Movie and Popcorn		6:00 Jeopardy			
	6 9:00 Morning Updates 9:15 Beach Ball Conversations 10:00 Chair Fitness 11:00 Adult Coloring 2:00 Catfish Carl 3:30 BINGO 4:30 Trivia 13 9:00 Morning Updates 9:15 Beach Ball Conversations 10:00 Chair Fitness 11:00 Adult Coloring 2:00 Chaplin Services 3:30 Afternoon Adventures 4:30 Trivia 20 Martin Luther King Day 9:00 Morning Updates 9:15 Beach Ball Conversations 10:00 Chair Fitness 11:00 I Have a Dream 2:00 Hand Spa 3:30 Parachute Ball Toss 4:30 Trivia 27 9:00 Morning Updates 9:15 Beach Ball Conversations 10:00 Chair Fitness 11:00 I Have a Dream 2:00 Hand Spa 3:30 Parachute Ball Toss 4:30 Trivia	6 9:00 Morning Updates 9:15 Beach Ball Conversations 10:00 Chair Fitness 11:00 Adult Coloring 2:00 Catfish Carl 3:30 BINGO 4:30 Trivia 13 9:00 Morning Updates 9:15 Beach Ball Conversations 10:00 Chair Fitness 11:00 Adult Coloring 2:00 Puzzlemania 3:30 BINGO 4:30 Trivia 14 9:00 Morning Updates 9:10 Golden Walkers 11:00 Cooking Club 11:00 Adult Coloring 2:30 Sierra Arts Performers 2:30 Sierra Arts Performers 3:30 BINGO 3:30 Afternoon Adventures 4:30 Trivia 20 Martin Luther King Day 9:00 Morning Updates 9:15 Beach Ball Conversations 10:00 Chair Fitness 11:00 Cooking Club 11:00 Chair Fitness 11:00 Cooking Club 21 9:00 Morning Updates 9:15 Beach Ball Conversations 10:00 Golden Walkers 11:00 Cooking Club 11:00 Have a Dream 2:00 Musician Tibor 3:30 BINGO 3:30 Parachute Ball Toss 4:30 Trivia 27 28 9:00 Morning Updates 9:15 Beach Ball Conversations 10:00 Golden Walkers 11:00 Cooking Club 11:00 Adult Coloring 2:00 Morning Updates 9:15 Beach Ball Conversations 10:00 Golden Walkers 11:00 Cooking Club 11:00 Adult Coloring 2:00 Morning Updates 9:15 Beach Ball Conversations 10:00 Golden Walkers 11:00 Cooking Club 11:00 Adult Coloring 2:00 Mad Hatter Tea Party 4:30 Trivia BingO 6:00 Family Feud	New Year's Day 9:00 Morning Updates 1:000 Gardening Club 1:00 Morning Updates 4:30 Trivia 1:00 Morning Updates 1:000 Morni		New Year's Day 1 New Year's Day 2 3 30 Morning Updates 10:00 Gardening Cube 1:00 Morning Updates 1:00



Mrs. Smiley Sings January 8 at 2 PM

The Sierra Arts
Performance
January 14 at 2:30 PM

Paint and Sip January 16 at 2 PM

My Story Exhibit January 21 at 4:30 PM

Mad Hatter's Tea Party January 27 at 2 PM



Our mission is to create and maintain comfortable, caring environments for those who depend on us.