

## Resident Spotlight



**Paul**

Paul is caring and loving and loves music and entertainment at Arbors. He blesses us with his knowledge of fan favorites in the sweet melodies. He is a gentleman who is loved and cherished by all who come to know him. He has traveled the states and has seen many landscapes that only ones' eye could describe in detail.

## Team Member Spotlight



**Christina / Caregiver**

Christina is a wonderful team member. She is selfless and believes in giving her best to her residents and team. She is always there for anyone who needs a helping hand or shoulder to lean on. She is kind and she is easy to spot, look for the biggest smile and you will find, Christina. We love you and value all that you do at Arbors!

# moments captured



**Arbors Teddy Bears being created in tender moments by residents. One can spend a lifetime creating memories and attaching emotions on to objects, but nothing can replace the beautiful moments shared!**



**Style and class go a long way and our wonderful residents make the day!!! A touch of love and a touch of compassion will keep our hearts in fashion.**



### RESIDENT SATISFACTION SURVEY 2024

**Goal**

Our mission as a company is to create and sustain comfortable, caring environments for those who depend on us. As a part of living that mission, we need feedback from our residents and responsible parties on what we are doing well, as well as what we could do better. Each survey is read, analyzed, and met with a plan.

**Overall Design**

3 to 4 questions and comment section about quality of care and services based on the National Quality Forum endorsed CoreQ Survey. Ratings are from Poor (1) to Excellent (5).

### SURVEY RESULTS

The overall satisfaction score for Arbors Memory Care is Very Good.



www.arborsmemorycare.com

March 2025

# The Arbors Bulletin

Arbors Memory Care | 2121 E. Prater Way | Sparks, NV 89434 | 775-331-2229



## A Note from the Executive Director

Dear Residents, Family, and Friends of Arbors,



Amanda Jenkins, Executive Director

We are excited to introduce Pamela Harrell as our Life Enrichment Director. She is excited to join the family at Arbors Memory Care. She brings a lot of energy and excitement to the day. Please stop by and say hello to Pamela. She is looking forward to engaging all of our residents and meeting their families.

Thank you to all who participated in our Resident Satisfaction Survey of 2024. The cumulative score is included in this month's newsletter, and results will be shared on our website. We very much appreciate and value your feedback.

Please consider giving our community a review on Google. If you haven't already, we invite you to follow our Facebook page "Arbors Memory Care Community".

Happy March!

Live Radiantly, Amanda Jenkins

## HAPPY Birthday

Residents

- Marilyn 3/24
- Thomas 3/22
- Paul 3/29



# MARCH 2025

Arbors Memory Care • 2121 E. Prater Way, Sparks, NV 89434 • 775-331-2229

SUN	MON	TUE	WED	THU	FRI	SAT
						<b>1</b> 9:00 Daily Chronicles 9:15 Morning Stretching 10:00 Who, What, Where? 11:00 Parachute Ball 1:00 Aromatherapy Sensory 2:00 Creative Corner 3:00 <b>Let's Make Ants on a Log for Natl. Celery Month in March</b> 4:00 Bingo 6:00 Saturday Sing Along Musical
<b>2 The Oscars 2025</b> 8:30 Spiritual Piano 9:00 Daily Chronicles 10:00 <b>History of the Oscars</b> 11:00 Cherished Memories 1:00 Aromatherapy Sensory 2:00 Hula Hoop Fitness 3:30 Bingo 4:00 <b>Oscars Party Time!</b>	<b>3 World Wildlife Day</b> 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers: I Spy 10:00 <b>Wildlife Documentary/Discussion</b> 11:00 Let's Play Ball! 1:00 Aromatherapy Sensory 2:00 <u>Catfish Carl</u> 3:00 Bingo 4:00 Joggin' Your Noggin 6:00 Mystery Monday	<b>4 Mardi Gras</b> 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Brain Games 11:00 <u>Deacon Ed</u> 1:00 Aromatherapy Sensory 2:00 Scenic Outing 3:30 Bingo 4:30 <b>Mardi Gras Social</b> 6:00 Laugh Out Loud Movie Night	<b>5 Ash Wednesday</b> 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 <u>Catholic Services with Kathy</u> 11:00 <b>Cornstarch Science Fun</b> 1:00 Aromatherapy Sensory 2:00 Chair Zumba 3:00 Bingo 4:00 Name that tune 6:00 Stick to the Classics	<b>6 Natl. Oreo Cookie Day</b> 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Beanbag Toss 11:00 Who Are We? 1:00 Aromatherapy Sensory 2:00 <b>Let's Make Oreo Pops</b> 3:00 Creative Corner 4:00 Places Trivia 6:00 Popcorn and Movie Night	<b>7</b> 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 What Am I? 11:00 Tabletop Games/Puzzles 1:00 Aromatherapy Sensory 2:00 <b>Resident Council Meeting</b> 3:00 Creative Corner 4:00 Bingo 6:00 Family Night Movie Night	<b>8 Intl. Womens' Day</b> 9:00 Daily Chronicles 9:15 Morning Stretching 10:00 Who, What, Where? 11:00 Parachute Ball 1:00 Aromatherapy Sensory 2:00 Creative Corner 3:30 Bingo 6:00 Saturday Sing Along Musical
<b>9 Daylight Saving Time Starts</b> 8:30 Spiritual Piano 9:30 Bible Scripture 11:00 Circle of Friends 1:00 Aromatherapy Sensory 2:00 Hand Spa 3:30 Pedit Mani day 3:45 Relaxation Station 4:30 Concentration 6:00 Sunday Night Cinema	<b>10 Intl. Bagpipes Day</b> 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Chair Volleyball 11:00 <u>Blue Grass Association</u> 1:00 Aromatherapy Sensory 2:00 Chaplin Music and Praise 3:00 Bingo 4:00 Joggin' Your Noggin 6:00 Mystery Monday	<b>11</b> 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Friendly Feud 11:00 <b>Learn About Ireland</b> 1:00 Aromatherapy Sensory 2:30 Sierra Arts Performance 3:30 <b>Let's Make Cookies</b> 6:00 Laugh Out Loud Movie Night	<b>12 Plant a Flower Day</b> 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Wheelchair Games 11:00 Creative Corner 1:00 Aromatherapy Sensory 2:00 <b>Plant Some flowers</b> 3:30 <b>Guess Flowers from Photos</b> 4:00 <b>Virtual Museum</b> 6:00 Stick to the Classics	<b>13</b> 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Beanbag Toss 11:00 Hula Hoop Fitness 1:00 Aromatherapy Sensory 2:00 Paint and Sip 3:00 Music Trivia 4:00 Bingo 6:00 Popcorn and Movie Night	<b>14 Learn About Butterflies Day</b> 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 <u>Yuki Visits</u> 10:30 <b>Butterfly Trivia</b> 11:00 <u>Mrs. Smiley Sings</u> 2:00 Many Colours 3:00 Dice Game 4:00 Bingo 6:00 Family Movie Night	<b>15</b> 9:00 Daily Chronicles 9:15 Morning Stretching 10:00 Who, What, Where? 11:00 Parachute Ball 1:00 Aromatherapy Sensory 2:00 Stretching The Noodle 3:30 Bingo 6:00 Saturday Sing Along Musical
<b>16</b> 8:30 Spiritual Piano 9:00 Daily Chronicles 10:00 Morning Scavenger Hunt 11:00 Gentlemen's Spa Day 1:00 Aromatherapy Sensory 2:00 Hand Spa with Armchair Travels 3:30 Relaxation Station 4:00 Card Sharks 6:00 Sunday Night Cinema	<b>17 St. Patrick's Day &amp; Wellderly Week Begins</b> 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Chair Volleyball 11:00 <b>St. Patrick's Day Trivia</b> 1:00 Aromatherapy Sensory 2:00 <b>St. Patrick's Day Social</b> 3:00 Bingo 4:00 Joggin' Your Noggin 6:00 Mystery Monday	<b>18</b> 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Fun Facts and Knowledge 11:00 <u>Deacon Ed</u> 1:00 Aromatherapy Sensory 2:00 Scenic Outing 3:00 <b>Taste Testing Preferences</b> 4:00 Bingo 5:30 Support Group 6:00 Laugh Out Loud Movie Night	<b>19 Natl. Let's Laugh Day</b> 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 <b>Jokes and Riddles</b> 1:00 Aromatherapy Sensory 2:00 <b>History of Comic Strips</b> 3:00 Creative Corner 4:00 Bingo 6:00 Stick to the Classics	<b>20 Spring Begins</b> 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 B-Ball Dribbling Exercises 11:00 Hearts & Hands Singalong 1:00 Aromatherapy Sensory 2:00 <b>Spring Social</b> 3:00 <b>Creative Corner: Spring Art</b> 4:00 Bingo 6:00 Popcorn and Movie Night	<b>21 World Poetry Day</b> 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Book Club 11:00 <b>Poem Writing</b> 1:00 Aromatherapy Sensory 1:30 <u>Jim on the Guitar</u> 2:00 <b>Birthday Party</b> 3:00 Bingo 4:00 Entertainment Trivia 6:00 Family Movie Night	<b>22 Intl. Day of Seals &amp; Sea Lions</b> 9:00 Daily Chronicles 9:15 Morning Stretching 10:00 <b>Learn About Seals &amp; Sea Lions</b> 11:00 Parachute Ball 1:00 Aromatherapy Sensory 2:00 Creative Corner 3:30 Bingo 6:00 Saturday Sing Along Musical
<b>23</b> 8:30 Spiritual Piano 9:00 Daily Chronicles 10:00 Busy Boxing 11:00 Hand Spa with Puzzlemania 1:00 Aromatherapy Sensory 2:00 <b>Let's Make Chocolate Covered Raisins (to enjoy tomorrow!)</b> 3:30 Bingo 6:00 Sunday Night Cinema	<b>24 Natl. Chocolate Covered Raisins Day</b> 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Chair Volleyball 11:00 Circle of Friends 1:00 Aromatherapy Sensory 2:00 <u>Chaplin Music and Praise</u> 3:00 Bingo With Snacks 4:00 Joggin' Your Noggin 6:00 Mystery Monday	<b>25</b> 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Bowling 11:00 Bean Bag Toss 1:00 Aromatherapy Sensory 2:30 <u>John Rand on the Guitar</u> 3:00 Who Am I? 4:00 Bingo 6:00 Laugh Out Loud Movie Night	<b>26 Natl. Spinach Day</b> 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Musical Baseball 11:00 Armchair Travel 1:00 Aromatherapy Sensory 2:00 <b>Let's Make Spinach Dip!</b> 3:00 Country Line Dancing 4:00 Who Sang It? 6:00 Wednesday Western	<b>27</b> 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Beanbag Toss 11:00 Local Trivia 1:00 Aromatherapy Sensory 2:00 Cookie Cutters 3:00 Creative Corner 4:00 Retro Flashback 6:00 Popcorn and Movie Night	<b>28 Natl. Something on a Stick Day</b> 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Chair 11:00 Armchair Travel 1:00 Aromatherapy Sensory 2:00 Carnival Games 3:30 Bingo 4:00 Sports Trivia 6:00 Family Movie Night	<b>29</b> 9:00 Daily Chronicles 9:15 Morning Stretching 10:00 Who, What, Where? 11:00 Parachute Ball 1:00 Aromatherapy Sensory 2:00 Hula Hoop Fitness 3:30 Bingo 6:00 Saturday Sing Along Musical
<b>30 Natl. Virtual Vacay Day</b> 8:30 Spiritual Piano 9:00 Daily Chronicles 10:00 Morning Scavenger Hunt 11:00 Gentlemen's Spa Day 1:00 Aromatherapy Sensory 2:00 Hand Spa with Armchair Travels 3:30 Relaxation Station 4:00 Card Sharks 6:00 Sunday Night Cinema	<b>31 Natl. Crayon Day</b> 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Chair Volleyball 11:00 Puzzles 1:00 Aromatherapy Sensory 2:00 <b>Crayon Artworks</b> 3:00 Bingo 4:00 Joggin' Your Noggin 6:00 Mystery Monday					



## March 2025

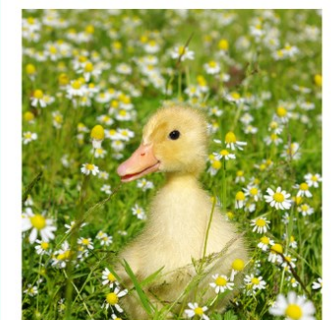
upcoming events

**Mardi Gras Social**  
3/4 at 4:30 pm

**Mrs. Smiley**  
3/14, 11 am  
East Side Lobby

**St. Patrick's Day Social**  
3/17 at 2 pm

**Jim on the Guitar**  
3/21, 1:30 pm



*Our mission is to create and maintain comfortable, caring environments for those who depend on us.*