

Resident Spotlight



Julia

Julia is a joy to have in our community. She enjoys small nature walks and loves to bird watch. She smiles a lot and will laugh with you. You can find her sometimes doing puzzles, watching movies, or looking at pictures/books about birds. If you see her in the community, stop by and say hi!

Team Member Spotlight



Juan — Cook

Juan is a very helpful and hardworking team member. He has a positive attitude always and greets everyone with a smile. Thank you for all of your hard work and dedication!

moments captured



We've been very busy doing an assortment of games, as well as getting our craft time in. Our favorites are beanbag toss, parachute ball, flower arranging, and painting bird houses!

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May 2025

The Arbors Bulletin

Arbors Memory Care | 2121 E. Prater Way | Sparks, NV 89434 | 775-331-2229



HAPPY Birthday

Residents

- Curtis, 05/05
- Arlene 05/29

A Note from the Executive Director



Amanda Jenkins,
Executive Director

Dear Residents, Family, and Friends of Arbors, Do you love classic cars, music, and food? Don't miss "The Longest Day" Show 'n' Shine on Saturday, June 21st, when we'll have 50 classic cars on display at Arbors, along with DJ Rich West spinning nostalgic hits, and BBQ food & beverages for everyone! Registration and attendance is FREE, and we'll have awards for People's Choice, Best in Show, Entrants' Choice, and a Hot August Nights Qualifier Award, since this is an official Hot August Nights qualifying event! You'll also be able to purchase votes for "The Longest Day" award, with all proceeds benefiting the Alzheimer's Association of Northern Nevada. Bring the family!

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MAY 2025

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SUN	MON	TUE	WED	THU	FRI	SAT
				1 8:30 Daily Chronicle and Chair Fitness 10:30 Puzzles 11:00 Outdoor Walk 1:00 Flower Arranging 2:00 Watercolor Painting 3:30 Men's Nail Care 4:00 Riddles and Jokes 6:00 Popcorn and Movie	2 National Space Day 8:30 Daily Chronicles and Chair Fitness 10:00 Space Documentary/Discussion 11:00 Beanbag Toss 1:00 Aromatherapy 2:00 Gardening Club 3:30 Bingo 6:00 Family Movie Night	3 Kentucky Derby 8:30 Daily Chronicles 9:00 Morning Stretching 10:00 Who are we? 11:00 Parachute Ball 1:00 Puzzles 2:00 Creative Corner 4:00 Trivia 6:00 Saturday Sing Along Musical
4 Bird Day 8:30 Daily Chronicle and Chair Fitness 10:30 Puzzles 11:00 Outdoor Walk 1:00 Stretching the Noodle 2:00 Bowling 3:30 Mediation 4:00 Card Games 6:00 Sunday Night Cinema	5 Cinco De Mayo 8:30 Daily Chronicle and Stretching 10:30 Puzzles 11:00 Outdoor Walk 1:00 Aromatherapy 2:00 Painting 3:30 Bingo 4:00 Short Stories 6:00 Mystery Monday	6 National Nurses Day 8:30 Daily Chronicle and Chair Fitness 10:30 Catholic Services with Kathy 11:30 Outdoor Walk 1:00 Ladies Nails 2:00 Armchair Travel 3:30 Bowling 4:00 Riddles and Jokes 6:00 Comedy Movie	7 8:30 Daily Chronicle and Chair Yoga 10:30 Board Games 11:00 Outdoor Walk 1:00 Aromatherapy 2:00 Watercolor Painting 3:30 Bingo 4:00 Short Stories 6:00 Stick to the Classics	8 8:30 Daily Chronicle and Stretching 10:30 Puzzles 11:00 Outdoor Walk 1:00 Flower Arranging 2:00 Mother's Day Craft 3:30 Men's Nail Care 4:00 Riddles and Jokes 6:00 Popcorn and Movie	9 8:30 Daily Chronicle 10:00 Yuki Visits 10:30 Fit Group: Upbeat Chair Fitness 11:00 Beanbag Toss 1:00 Aromatherapy 2:00 Gardening Club 3:30 Bingo 6:00 Family Movie Night	10 National Archery Day 8:30 Daily Chronicles 9:00 Morning Stretching 10:00 Who are we? 11:00 Parachute Ball 1:00 Documentary 2:00 Creative Corner 4:00 Trivia 6:00 Saturday Sing Along Musical
11 Mother's Day 8:30 Daily Chronicles 9:00 Morning Stretching 10:00 Coloring Creations 11:00 Bowling 1:00 Puzzles 2:00 Creative Corner: Mother's Day Themed 4:00 Trivia 6:00 Sunday Night Cinema	12 National Limerick Day 8:30 Daily Chronicle and Chair Fitness 10:30 Armchair Travel 11:00 Outdoor Walk 1:00 Reading Poetry 2:00 Chaplin Service with John 3:30 Bingo 4:00 Who am I? 6:00 Mystery Monday	13 International Hummus Day 8:30 Daily Chronicle and Chair Fitness 10:30 Puzzles 11:00 Outdoor Walk 1:00 Ladies Nails 2:00 Hummus Tasting 3:00 Jukebox Rendezvous 4:00 Riddles and Jokes 6:00 Comedy Movie	14 World Stationary Day 8:30 Daily Chronicle and Chair Fitness 10:30 Board Games 11:00 Outdoor Walk 1:00 Beanbag Toss 2:00 Card Making 3:30 Bingo 4:00 Short Stories 6:00 Stick to the Classics	15 8:30 Daily Chronicle and Chair Fitness 10:30 Puzzles 11:00 Outdoor Walk 1:00 Coloring Creations 2:00 Armchair Travel 3:30 Men's Nail Care 4:00 Riddles and Jokes 6:00 Popcorn and Movie	16 NASCAR Day 8:30 Daily Chronicle and Chair Fitness 10:30 Brain Games 11:00 Outdoor Walk 1:30 Jim on the Guitar 2:00 Gardening Club 3:30 Bingo 4:00 Who Am I? 6:00 Family Movie Night	17 8:30 Daily Chronicles 9:00 Morning Stretching 10:00 Documentary 11:00 Chair Volleyball 1:00 Puzzles 2:00 Armchair Travel 4:00 Trivia 6:00 Saturday Sing Along Musical
18 World Baking Day 8:30 Daily Chronicles 9:00 Morning Stretching 10:00 Who are we? 11:00 Beanbag Toss 1:00 Puzzles 2:00 Creative Corner 4:00 Trivia 6:00 Sunday Night Cinema	19 Plant Something Day 8:30 Daily Chronicle and Chair Fitness 10:30 Brain Games 11:00 Outdoor Walk 1:00 Aromatherapy 2:00 Indoor Gardening 3:30 Bingo 4:00 Riddles and Jokes 6:00 Mystery Monday	20 8:30 Daily Chronicle and Chair Fitness 10:30 Puzzles 11:00 Outdoor Walk 1:00 Ladies Nails 2:00 Coloring Creations 3:00 Let's Bake Brownies 4:00 Riddles and Jokes 5:30 Support Group 6:00 Comedy Movie	21 World Meditation Day 8:30 Daily Chronicle and Chair Fitness 10:30 Board Games 11:00 Outdoor Walk 1:00 Aromatherapy 2:00 Stretching 3:30 Bingo 4:00 Riddles and Jokes 6:00 Stick to the Classics	22 National Solitaire Day 8:30 Daily Chronicle and Chair Fitness 10:30 Puzzles 11:00 Outdoor Walk 1:00 Card Games 2:00 Write a Letter 3:30 Men's Nail Care 4:00 Riddles and Jokes 6:00 Popcorn and Movie	23 8:30 Daily Chronicle and Chair Fitness 10:00 Yuki Visits 11:00 Mrs. Smiley Sings 1:00 Aromatherapy 2:00 Reno Elk Lodge Performance 3:30 Bingo 4:00 Riddles and Jokes 6:00 Family Movie Night	24 National Scavenger Hunt Day 8:30 Daily Chronicles 9:00 Morning Stretching 10:00 Puzzles 11:00 Parachute Ball 1:00 Card Games 2:00 Creative Corner 4:00 Trivia 6:00 Saturday Sing Along Musical
25 Indy 500 8:30 Daily Chronicles 9:00 Morning Stretching 10:00 Coloring Creations 11:00 Parachute Ball 1:00 Puzzles 2:00 Creative Corner 4:00 Trivia 6:00 Sunday Night Cinema	26 Memorial Day 8:30 Daily Chronicle and Chair Fitness 10:30 Puzzles 11:00 Outdoor Walk 1:00 Aromatherapy 2:00 Patriotic Watercolor 3:30 Bingo 4:00 Riddles and Jokes 6:00 Mystery Monday	27 8:30 Daily Chronicle and Chair Fitness 10:30 Brain Games 11:00 Outdoor Walk 1:00 Ladies Nails 2:00 Bowling 3:30 Let's Make Fruit Salad 4:00 Riddles and Jokes 6:00 Comedy Movie	28 Senior Health & Fitness Day 8:30 Daily Chronicle and Chair Fitness 10:30 Board Games 11:00 Outdoor Walk 1:00 Aromatherapy 2:00 Stretching 3:30 Bingo 4:00 Riddles and Jokes 6:00 Stick to the Classics	29 8:30 Daily Chronicle and Chair Fitness 10:30 Puzzles 11:00 Outdoor Walk 1:00 Viewing the indoor Garden 2:00 Men's Nail Care 3:30 Let's Make Fruit Salad 4:00 Riddles and Jokes 6:00 Popcorn and Movie	30 National Creativity Day 8:30 Daily Chronicle and Chair Fitness 10:30 Flower Pot Painting 11:00 Outdoor Walk 1:00 Aromatherapy 2:00 Gardening Club 3:30 Bingo 4:00 Riddles and Jokes 6:00 Family Movie Night	31 National Smile Day 8:30 Daily Chronicles 9:00 Morning Stretching 10:00 Who are we? 11:00 Parachute Ball 1:00 Puzzles 2:00 Creative Corner 4:00 Trivia 6:00 Saturday Sing Along Musical



May 2025 upcoming events

Catholic Services with Kathy 5/06 at 10:30 a.m.

Mother's Day Craft 5/11 at 2 p.m.

Fit Group: Upbeat Chair Fitness 5/09 at 10:30 a.m. West Side Common Area

Jukebox Rendezvous 5/13 at 3 p.m. Piano Area

Mrs. Smiley Sings 5/23 at 11 am Piano Area

Memorial Day Painting Activity 5/26 at 2 p.m.

Senior Health & Fitness Day 5/28 at 2 p.m. with Stretching



Our mission is to create and maintain comfortable, caring environments for those who depend on us.