

Resident Spotlight



Barbara

We would like to shine the spotlight on Barbara. In her college years, she wrote a children's book as part of an honors course program. She was a teacher and she loved every bit of it. Barbara likes to take strolls and look at shadowbox art. She loves to have conversations with people as well as telling her history. We are so pleased to have her here with us!

Team Member Spotlight



Abby—Med Tech

Abby has a big heart for our residents. She's an amazing sparkle to our team. Rising to every challenge, she is the embodiment of perseverance. The residents' and team members really enjoy her presence. Our team would not be the same without her. Thank you for all you do, Abby!



Big shoutout to Immaculate Conception Church for welcoming our residents on Ash Wednesday! Our residents were filled with joy when they came home!



HAPPY Birthday

Residents

- Mary, 04/02
- Rita, 04/03
- Howard, 04/04
- Juanita, 04/23
- Virginia, 04/26
- Doris, 04/26
- Julia, 04/30

Staff

- Yadira, 04/13

A Note from the Executive Director



Amanda Jenkins,
Executive Director

Dear Residents, Family, and Friends of Arbors, Spring has finally arrived. We are excited to start planning our outdoor gardens this month. We also look forward to being outdoors and enjoying the warmer weather. We are planning an Easter Egg Hunt and looking forward to our local daycare children to bring laughter and fun to our residents and community.


Stop by and say hello and congratulate Shawn Bolinger. She has accepted the Life Enrichment Director role. She is creative and passionate about serving our residents. We feel so lucky to work with Shawn.

Please consider giving our community a review on Google. If you haven't already, we invite you to follow our Facebook page "Arbors Memory Care Community".

Live Radiantly, Amanda Jenkins

APRIL 2025

Arbors Memory Care • 2121 E. Prater Way, Sparks, NV 89434 • 775-331-2229

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Walking Day 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Bowling 11:00 Learn About Australia 1:00 Aromatherapy Sensory 2:30 Sierra Arts Performance 3:30 Let's Make Pasta Salad 6:00 Laugh Out Loud Movie Night	2 Do It Yourself (DIY) Day 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Wheelchair Games 11:00 Creative Corner 1:00 Aromatherapy Sensory 2:00 DIY Craft Time 3:30 Bingo 6:00 Stick to the Classics	3 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Bowling 11:00 Hula Hoop Fitness 1:00 Aromatherapy Sensory 2:00 Painting 3:00 Music Trivia 4:00 Beanbag Toss 6:00 Popcorn and Movie Night	4 National Vitamin C Day 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Bean Bag Toss 10:30 Entertainment Trivia 11:00 Nature Walk & Discussion 1:00 Many Colors 3:30 Bingo 6:00 Family Movie Night	5 9:00 Daily Chronicles 9:15 Morning Stretching 10:00 Who, What, Where? 11:00 Parachute Ball 1:00 Aromatherapy Sensory 2:00 Creative Corner 3:00 Let's Make Brownies 4:00 Bingo 6:00 Saturday Sing Along Musical
6 8:30 Spiritual Piano 9:00 Daily Chronicles 10:00 Puzzles 11:00 Cherished Memories 1:00 Aromatherapy Sensory 2:00 Hula Hoop Fitness 3:30 Bingo 4:00 Cards	7 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers: I Spy 10:00 Documentary/Discussion 11:00 Let's Play Ball! 1:00 Aromatherapy Sensory 2:00 Catfish Carl 3:00 Bingo 4:00 Joggin' Your Noggin 6:00 Mystery Monday	8 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Brain Games 11:00 Deacon Ed 1:00 Aromatherapy Sensory 2:30 Jukebox Rendezvous 3:30 Bowling 6:00 Laugh Out Loud Movie Night	9 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Catholic Services with Kathy 11:00 Science: Space Exploration 1:00 Aromatherapy Sensory 2:00 Nature Walk 3:30 Bingo 4:00 Name That Tune 6:00 Stick to the Classics	10 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Beanbag Toss 11:00 Who Are We? 1:00 Aromatherapy Sensory 2:00 Bowling 3:00 Creative Corner 4:00 Food Trivia 6:00 Popcorn and Movie Night	11 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 What Am I? 11:00 Yuki Visits 1:00 Aromatherapy Sensory 2:00 Resident Council Meeting 3:30 Creative Corner 6:00 Family Night Movie Night	12 9:00 Daily Chronicles 9:15 Morning Stretching 10:00 Who, What, Where? 11:00 Parachute Ball 1:00 Aromatherapy Sensory 2:00 Creative Corner 3:30 Bingo 6:00 Saturday Sing Along Musical
13 8:30 Spiritual Piano 9:30 Bible Scripture 11:00 Circle of Friends 1:00 Aromatherapy Sensory 2:00 Hand Spa 3:30 Pedicures & Manicures 3:45 Relaxation Station 4:30 Concentration 6:00 Sunday Night Cinema	14 Gardening Day 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Chair Volleyball 11:00 Blue Grass Association 1:00 Aromatherapy Sensory 2:00 Outdoor Gardening 3:30 Bingo 4:00 Joggin' Your Noggin 6:00 Mystery Monday	15 World Art Day 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Paint like Picasso 11:00 Learn About Artists 1:00 Aromatherapy Sensory 2:30 Sierra Arts Performance 3:30 Flower Arranging 5:30 Support Group 6:00 Laugh Out Loud Movie Night	16 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Wheelchair Games 11:00 Creative Corner 1:00 Aromatherapy Sensory 2:00 Dominos 3:00 Bingo 4:00 Virtual Museum 6:00 Stick to the Classics	17 National High 5 Day 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Beanbag Toss 11:00 Flower Arranging 1:00 Aromatherapy Sensory 2:30 Easter Egg Hunt 6:00 Popcorn and Movie Night	18 Good Friday 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Brain Games 10:30 What Am I? 11:30 Good Friday Message with Toni 2:00 Many Colors 3:00 Dice Game 4:00 Bingo 6:00 Family Movie Night	19 9:00 Daily Chronicles 9:15 Morning Stretching 10:00 Who, What, Where? 11:00 Parachute Ball 1:00 Aromatherapy Sensory 2:00 Stretching The Noodle 3:30 Bingo 6:00 Saturday Sing Along Musical
20 Easter 8:30 Spiritual Piano 9:00 Daily Chronicles 10:00 Easter Egg Coloring 11:00 Gentlemen's Spa Day 1:00 Aromatherapy Sensory 2:00 Hand Spa with Armchair Travels 3:30 Relaxation Station 4:00 Cards 6:00 Sunday Night Cinema	21 National Tea Day 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Chair Volleyball 11:00 Tea Party! 1:00 Aromatherapy Sensory 2:00 Observe the Garden 3:00 Bingo 4:00 Joggin' Your Noggin 6:00 Mystery Monday	22 Earth Day 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Fun Facts and Knowledge 11:00 Deacon Ed 1:00 Aromatherapy Sensory 2:00 Scenic Outing 3:00 Earth Day Gardening & Discussion 6:00 Laugh Out Loud Movie Night	23 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Jokes and Riddles 1:00 Aromatherapy Sensory 2:00 Creative Corner 3:00 Balloon Toss 4:00 Flower Arranging 6:00 Stick to the Classics	24 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 11:00 Mrs. Smiley Sings 1:00 Aromatherapy Sensory 2:00 Painting 3:00 Tabletop Games 4:00 Afternoon Walk 6:00 Popcorn and Movie Night	25 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Yuki Visits 11:00 Poetry Writing 1:00 Aromatherapy Sensory 1:30 Jim on the Guitar 3:30 Bingo 6:00 Family Movie Night	26 9:00 Daily Chronicles 9:15 Morning Stretching 10:00 Who, What, Where? 11:00 Parachute Ball 1:00 Aromatherapy Sensory 2:00 Creative Corner 3:30 Bingo 6:00 Saturday Sing Along Musical
27 8:30 Spiritual Piano 9:00 Daily Chronicles 10:00 Busy Boxing 11:00 Hand Spa with Puzzlemania 1:00 Aromatherapy Sensory 2:00 Let's Bake Cookies 3:30 Bingo 6:00 Sunday Night Cinema	28 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Chair Volleyball 11:00 Circle of Friends 1:00 Aromatherapy Sensory 2:00 Chaplin Music and Praise 3:30 Bingo 6:00 Mystery Monday	29 Intl. Dance Day 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Bowling 11:00 Bean Bag Toss 1:00 Aromatherapy Sensory 2:30 John Rand on the Guitar 3:00 Who Am I? 6:00 Laugh Out Loud Movie Night	30 Intl. Jazz Day 8:30 Daily Chronicles & Chair Fitness 9:45 Golden Walkers 10:00 Make Bird Feeders 1:00 Aromatherapy Sensory 2:00 Let's Make Fruit Salad 3:00 Dancing 4:00 Jazz Music Exploration 6:00 Wednesday Western			