## **Resident Spotlight**



Ed

A life built with heart and hands, Ed's story is one shaped by craftsmanship and care. With decades spent as a property manager and skilled carpenter, he took pride in creating spaces that stood the test of time. Dancing Through the Years When the music plays, Ed's joy is unmistakable. You'll find him dancing alongside his beloved wife of 50 years. Their love and laughter bring a spark to every room, and it's a joy to witness their bond in motion. We're honored to celebrate Ed and the beautiful life he continues to lead here at Arbors Memory Care.

#### Team Member Spotlight



#### Shawn, Caregiver

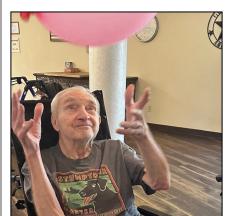
Shawn has gracefully worn many hats here at Arbors, bringing compassion and dedication to every role she's stepped into. From enriching the lives of our residents through engaging activities to providing hands-on care as a caregiver, her impact has been felt by staff and residents alike. Outside of work, Shawn continues to give with a full heart, supporting her grandmother on weekends and preparing to welcome a new addition to her family, with her little one expected to arrive this September. Her nurturing spirit is evident in everything she does, and we're so grateful to have her as part of the Arbors family.





#### Friendships Through Music

Jukebox Rendezvous performed and residents sat together to enjoy his performance. They enjoyed his artistry.



Michael enjoys balloon and ball exercise. His reactions are

**Engagement** 

on point.

#### Coffee & Chronicles

Ed and Duane get together and go over the paper. They love to discuss current events and reminisce over the past.







August 2025

# The Arbors Bulletin

Arbors Memory Care | 2121 E. Prater Way | Sparks, NV 89434 | 775-331-2229



### A Note from the Executive Director



Dear Residents, Family, and Friends of Arbors,

Please stop by and meet our new Hair Dresser, Janice Sayes. She is already receiving rave reviews from our families and team members.

Amanda Jenkins, Executive Director

You can call or email Janice to set up an appointment for your loved one.

Stop by or call and we will provide you with her prices and contact information.

She is on site every Tuesday from 9 am to 3 pm.

Kindest Regards,

**Amanda Jenkins** 

# HAPPY Birthday

Staff

- Mari, 13th
- Vilma, 28th



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SUN	MON	TUE	WED	THU	<b>FRI</b>	SAT
					9:00 Coffee & Chronicles 10:00 Making cookies 11:00 Bean Bag Toss 1:00 Chair Volleyball 2:30 Watermelon & Sunflower Social 4:00 Bowling Game 6:00 Family Night Movie	8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Brain Games 11:00 Memory Boxes 1:00 Table Top Games 2:00 Chair Volleyball 3:00 Ring Toss 4:00 Word Games 5:00 Game Show
8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Sunday Stretch 11:00 Brain Games 1:30 Reno Elks Chorus 2:00 Memory Boxes 3:00 Ring Toss 4:00 Word Games 6:00 Jeopardy		8:00 Outdoor Walk 9:00 Coffee & Chronicles	8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Men's Nails 11:00 Mobile Activity Cart 1:30 Zumba with Olivia 2:00 Flower Arranging 3:30 Bingo 4:00 Reading Poetry 6:00 Western Movie		8 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Yuki Visits 11:00 Mobile Activity Cart 1:00 Watercoloring 2:00 Card Games 3:30 Bingo 6:00 Family Night Movie	9 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Brain Games 11:00 Memory Boxes 1:00 Table Top Games 2:00 Chair Volleyball 3:00 Ring Toss 6:00 Game Show
8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Sunday Stretch 11:00 Brain Games 2:00 Memory Boxes 3:00 Ring Toss 4:00 Word Games 6:00 Jeopardy	8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Tea Party	11:00 Mobile Activity Cart 1:00 Write a Letter	13 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Men's Nails 11:00 Mobile Activity Cart 1:30 Zumba with Olivia 2:00 Flower Arranging 3:30 Bingo 4:00 Reading Poetry 6:00 Western Movie	8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 John The Piano Man	15 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Flower Arranging 11:00 Mobile Activity Cart 1:15 Jim Buehler Music 2:00 Card Games 3:30 Bingo 6:00 Family Night Movie	16 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Brain Games 11:00 Memory Boxes 1:00 Table Top Games 2:00 Chair Volleyball 3:00 Ring Toss 6:00 Game Show
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8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Sunday Stretch 11:00 Brain Games 2:00 Memory Boxes 3:00 Ring Toss 4:00 Word Games 6:00 Jeopardy						



Watermelon & **Sunflower Social** Friday the 1st at 2:30 pm **Chocolate Chip Cookie Social with Catfish Carl** Monday the 4th at 2:30 pm **Sierra Arts Performance** Tuesday the 12th at 2:30 pm John The Piano Man Thursday the 14th at 10 am **Jim Buehler Music** Friday the 15th at 1:15 pm **Jukebox Rendezvous** Monday the 18th at 3 pm A Beautiful Violin Tuesday the 19th at 2 pm **Harpist Playing & World** Seniors' Day Gathering Thursday the 21st at 2:30 pm **BBQ & College Colors** Friday the 29th



at noon

Our mission is to create and maintain comfortable, caring environments for those who depend on us.