

Resident Spotlight



Ed

A life built with heart and hands, Ed’s story is one shaped by craftsmanship and care. With decades spent as a property manager and skilled carpenter, he took pride in creating spaces that stood the test of time. **Dancing Through the Years** When the music plays, Ed’s joy is unmistakable. You’ll find him dancing alongside his beloved wife of 50 years. Their love and laughter bring a spark to every room, and it’s a joy to witness their bond in motion. We’re honored to celebrate Ed and the beautiful life he continues to lead here at Arbors Memory Care.

Team Member Spotlight



Shawn, Caregiver

Shawn has gracefully worn many hats here at Arbors, bringing compassion and dedication to every role she’s stepped into. From enriching the lives of our residents through engaging activities to providing hands-on care as a caregiver, her impact has been felt by staff and residents alike. Outside of work, Shawn continues to give with a full heart, supporting her grandmother on weekends and preparing to welcome a new addition to her family, with her little one expected to arrive this September. Her nurturing spirit is evident in everything she does, and we’re so grateful to have her as part of the Arbors family.



Friendships Through Music

Jukebox Rendezvous performed and residents sat together to enjoy his performance. They enjoyed his artistry.



Coffee & Chronicles

Ed and Duane get together and go over the paper. They love to discuss current events and reminisce over the past.



Engagement

Michael enjoys balloon and ball exercise. His reactions are on point.



A Note from the Executive Director



Dear Residents, Family, and Friends of Arbors,

Please stop by and meet our new Hair Dresser, Janice Sayes. She is already receiving rave reviews from our families and team members.

You can call or email Janice to set up an appointment for your loved one.

Stop by or call and we will provide you with her prices and contact information. She is on site every Tuesday from 9 am to 3 pm.

Kindest Regards,
Amanda Jenkins



HAPPY Birthday

Staff

- Mari, 13th
- Vilma, 28th



AUGUST 2025

Arbors Memory Care • 2121 E. Prater Way, Sparks, NV 89434 • 775-331-2229

SUN	MON	TUE	WED	THU	FRI	SAT
					1 9:00 Coffee & Chronicles 10:00 Making cookies 11:00 Bean Bag Toss 1:00 Chair Volleyball 2:30 Watermelon & Sunflower Social 4:00 Bowling Game 6:00 Family Night Movie	2 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Brain Games 11:00 Memory Boxes 1:00 Table Top Games 2:00 Chair Volleyball 3:00 Ring Toss 4:00 Word Games 5:00 Game Show
3 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Sunday Stretch 11:00 Brain Games 1:30 Reno Elks Chorus 2:00 Memory Boxes 3:00 Ring Toss 4:00 Word Games 6:00 Jeopardy	4 Chocolate Chip Cookie Day 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Memory Boxes 1:00 Ball Exercise 2:30 Chocolate Chip Cookie Social with Catfish Carl 4:00 Parachute Ball Toss 6:00 Comedy Movie	5 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Ladies Nails 11:00 Mobile Activity Cart 1:00 Write a Letter 2:00 Short Stories 3:00 Book Club 6:00 Classic Movies	6 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Men's Nails 11:00 Mobile Activity Cart 1:30 Zumba with Olivia 2:00 Flower Arranging 3:30 Bingo 4:00 Reading Poetry 6:00 Western Movie	7 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Balloon Toss 11:00 Chair Volleyball 1:00 Reminiscing 2:00 Memory Boxes 3:00 Book Club 6:00 Movie with Friends	8 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Yuki Visits 11:00 Mobile Activity Cart 1:00 Watercoloring 2:00 Card Games 3:30 Bingo 6:00 Family Night Movie	9 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Brain Games 11:00 Memory Boxes 1:00 Table Top Games 2:00 Chair Volleyball 3:00 Ring Toss 6:00 Game Show
10 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Sunday Stretch 11:00 Brain Games 2:00 Memory Boxes 3:00 Ring Toss 4:00 Word Games 6:00 Jeopardy	11 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Tea Party 11:00 Hand Spa 1:00 Ball Exercise 2:00 Chaplin Service w/John 3:30 Bingo 6:00 Comedy Movie	12 World Photography Day 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Ladies Nails 11:00 Mobile Activity Cart 1:00 Write a Letter 2:30 Sierra Arts Performance 3:00 Book Club 6:00 Classic Movies	13 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Men's Nails 11:00 Mobile Activity Cart 1:30 Zumba with Olivia 2:00 Flower Arranging 3:30 Bingo 4:00 Reading Poetry 6:00 Western Movie	14 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 John The Piano Man 11:00 Catholic Services with Deacon Ed 1:00 Reminiscing 2:00 Memory Boxes 3:00 Book Club 6:00 Movie with Friends	15 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Flower Arranging 11:00 Mobile Activity Cart 1:15 Jim Buehler Music 2:00 Card Games 3:30 Bingo 6:00 Family Night Movie	16 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Brain Games 11:00 Memory Boxes 1:00 Table Top Games 2:00 Chair Volleyball 3:00 Ring Toss 6:00 Game Show
17 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Sunday Stretch 11:00 Brain Games 2:00 Memory Boxes 3:00 Ring Toss 4:00 Word Games 6:00 Jeopardy	18 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Tea Party 11:00 Hand Spa 1:00 Ball Exercise 3:00 Jukebox Rendezvous 4:00 Parachute Ball Toss 6:00 Comedy Movie	19 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Ladies Nails 11:00 Mobile Activity Cart 1:00 Write a Letter 2:00 A Beautiful Violin 3:00 Book Club 6:00 Classic Movies	20 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Men's Nails 11:00 Mobile Activity Cart 1:30 Zumba with Olivia 2:00 Flower Arranging 3:30 Bingo 4:00 Reading Poetry 6:00 Western Movie	21 World Seniors' Day 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Balloon Toss 11:00 Chair Volleyball 1:00 Reminiscing 2:30 Harpist Playing & World Seniors' Day Gathering 3:00 Book Club 6:00 Movie with Friends	22 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Yuki Visits 11:00 Mobile Activity Cart 1:00 Watercoloring 2:00 Card Games 3:30 Bingo 6:00 Family Night Movie	23 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Brain Games 11:00 Memory Boxes 1:00 Table Top Games 2:00 Chair Volleyball 3:00 Ring Toss 6:00 Game Show
24 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Sunday Stretch 11:00 Brain Games 2:00 Memory Boxes 3:00 Ring Toss 4:00 Word Games 6:00 Jeopardy	25 Celebrate Peach Pie Day 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Tea Party 11:00 Hand Spa 1:00 Ball Exercise 4:00 Parachute Ball Toss 6:00 Comedy Movie	26 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Ladies Nails 11:00 Mobile Activity Cart 1:00 Write a Letter 2:00 Short Stories 3:00 Book Club 6:00 Classic Movies	27 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Men's Nails 11:00 Mobile Activity Cart 1:30 Zumba with Olivia 2:00 Flower Arranging 3:30 Bingo 4:00 Reading Poetry 6:00 Western Movie	28 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Balloon Toss 11:00 Catholic Services with Deacon Ed 1:00 Reminiscing 2:00 Memory Boxes 3:00 Book Club 6:00 Movie with Friends	29 College Colors Day 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Balloon Toss Noon BBQ & College Colors 1:00 Watercoloring 2:00 Card Games 3:30 Bingo 6:00 Family Night Movie	30 Labor Day Weekend 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Brain Games 11:00 Memory Boxes 1:00 Table Top Games 2:00 Chair Volleyball 3:00 Ring Toss 6:00 Game Show
31 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Sunday Stretch 11:00 Brain Games 2:00 Memory Boxes 3:00 Ring Toss 4:00 Word Games 6:00 Jeopardy						



August 2025
upcoming events

- Watermelon & Sunflower Social
Friday the 1st
at 2:30 pm
- Chocolate Chip Cookie Social with Catfish Carl
Monday the 4th
at 2:30 pm
- Sierra Arts Performance
Tuesday the 12th
at 2:30 pm
- John The Piano Man
Thursday the 14th
at 10 am
- Jim Buehler Music
Friday the 15th
at 1:15 pm
- Jukebox Rendezvous
Monday the 18th
at 3 pm
- A Beautiful Violin
Tuesday the 19th
at 2 pm
- Harpist Playing & World Seniors' Day Gathering
Thursday the 21st
at 2:30 pm
- BBQ & College Colors
Friday the 29th
at noon



Our mission is to create and maintain comfortable, caring environments for those who depend on us.