



Welcome Albert and Carole

Albert and Carole are husband and wife, and joined our community last month. You can see them getting good use out of the walking paths, playing bingo or doing their best to find a baseball game to watch! They are the yin and yang to each other and have quickly settled in by making friends with not only other residents, but staff as well.

With two kids, four grandkids, and two great grandkids, Albert and Carole are all about family and community bonding.

Connecting with those around them matters greatly to them and they welcome new friends and conversation any time. Stop by and introduce yourself next time you see them.

Team Member Spotlight



This month, we’re shining the spotlight on Tammy, a dedicated and compassionate caregiver who has been an integral part of our team.

Tammy, Caregiver

Tammy goes above and beyond every day, offering not just care, but genuine comfort and support to those who need it most.

Since joining us in January, Tammy has consistently shown her commitment to providing the highest level of care. Whether she’s offering a friendly smile, lending a listening ear, or giving her full attention to one’s needs, she brings warmth and professionalism to everything she does.

Thank you, Tammy!



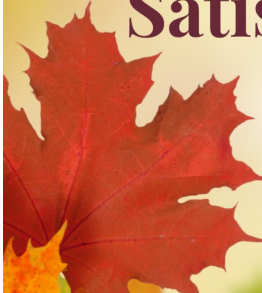
National Chocolate Chip Cookie Day was August 4th and we couldn’t NOT celebrate! Our new life enrichment assistant, Troy, was happy to jump in and celebrate with us!

Nothing beats fresh out of the oven cookies and a nice cold glass of milk.



Share Your Thoughts This September!

Resident & Responsible Party Satisfaction Survey



Residents and Responsible Parties, please keep an eye on your email for our Annual Satisfaction Survey! We are sending out our annual survey links from September 1st. The survey window is open through October 15th.

Your participation is greatly appreciated!



A Note from the Executive Director



Amanda Jenkins, Executive Director

Dear Families and Friends,

As the summer season comes to an end, I want to take a moment to thank you for your continued trust and partnership while caring for your loved one. Here at Arbors Memory Care, every day is centered around creating moments of connection, purpose, and joy for our residents. Whether it's through music, personalized activities, or quiet time with a familiar face, our team is deeply committed to person centered care. So that we continue our goal to provide the best in comfort and care, we value the feedback of our residents and their loved ones. This September, look out for opportunities to fill out our Satisfaction Survey. We greatly value your feedback!

This month, we’re excited to invite you and your family to “My Heritage, My Story”— an upcoming special event honoring the traditions, stories, and cultures that shape our community. Join us on September 19th from 10 am to 2 pm as we celebrate the richness of family ties with free portraits, heritage journaling, family trees, and shared memories across generations. It’s a wonderful opportunity for grandchildren and families to connect, reminisce, and create new memories together. We hope to see you there.

Warmly,
Amanda Jenkins, Executive Director

www.arborsmemorycare.com

September 2025 The Arbors Bulletin

Arbors Memory Care | 2121 E. Prater Way | Sparks, NV 89434 | 775-331-2229

HAPPY Birthday

Residents

- Janice, 9/12
- Martha, 9/16
- Duane, 9/19

Staff

- Devoshar, 9/09
- Christina, 9/11
- Junior, 9/23

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Labor Day 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Memory Boxes 1:30 Ball Exercise 2:30 Catfish Carl Music 4:00 Parachute Ball Toss 6:00 Comedy Movie	2 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Tea Party 11:00 Mobile Activity Cart 1:30 Write a Letter 2:00 Short Stories 3:00 Book Club 6:00 Classic Movie	3 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Men's Nails 11:00 Mobile Activity Cart 1:30 Zumba with Olivia 2:30 Coloring Corner 3:30 Bingo 4:30 Reading Poetry 6:00 Western Movie	4 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Balloon & Noodle Toss 11:00 Chair Volleyball 2:00 Memory Boxes 2:30 Reminiscing 3:00 Book Club 6:00 Movie with Friends	5 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Flower Arranging Noon Grandparents' Day Luncheon 2:00 Card Games 3:30 Bingo 6:00 Family Night Movie	6 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Brain Games 11:00 Memory Boxes 1:00 Table Top Games 2:00 Chair Volleyball 3:00 Ring Toss 4:00 Word Games 5:00 Game Show
	7 Grandparents' Day 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Sunday Stretch 11:00 Brain Games 2:00 Memory Boxes 3:00 Ring Toss 4:00 Word Games 6:00 Jeopardy	8 8:00 Outdoor Walk 9:00 Coffee & Chronicles 11:00 Hand Spa 1:30 Ball Exercise 2:00 Chaplin Service w/John 3:00 Short Stories 4:00 Parachute Ball Toss 6:00 Comedy Movie	9 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Tea Party 11:00 Mobile Activity Cart 1:30 Write a Letter 2:30 Sierra Arts Performance 4:00 Parachute Ball Toss 6:00 Classic Movie	10 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Men's Nails 11:00 Mobile Activity Cart 1:30 Zumba with Olivia 2:30 Coloring Corner 3:30 Bingo 4:30 Reading Poetry 6:00 Western Movie	11 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 John The Piano Man 11:00 Catholic Services with Deacon Ed 2:00 Memory Boxes 2:30 Reminiscing 3:00 Book Club 6:00 Movie with Friends	12 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Balloon Toss 11:00 Mobile Activity Cart 1:00 Water Coloring 2:00 Card Games 3:30 Bingo 6:00 Family Night Movie
14 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Sunday Stretch 11:00 Brain Games 2:00 Memory Boxes 3:00 Ring Toss 4:00 Word Games 6:00 Jeopardy	15 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Tea Party 11:00 Hand Spa 1:30 Ball Exercise 4:00 Parachute Ball Toss 6:00 Comedy Movie	16 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Tea Party 11:00 Mobile Activity Cart 1:30 Write a Letter 2:00 Chaplin Service with John 3:00 Book Club 6:00 Classic Movie	17 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Men's Nails 11:00 Mobile Activity Cart 1:30 Zumba with Olivia 2:30 Coloring Corner 3:30 Bingo 4:30 Reading Poetry 6:00 Western Movie	18 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Balloon & Noodle Toss 11:00 Chair Volleyball 2:00 Memory Boxes 2:30 Reminiscing 3:00 Book Club 6:00 Movie with Friends	19 My Heritage My Story Day 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Flower Arranging 11:00 Mobile Activity Cart 1:15 Jim Buehler Music 2:00 Card Games 3:30 Bingo 6:00 Family Night Movie	20 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Brain Games 11:00 Memory Boxes 1:00 Table Top Games 2:00 Chair Volleyball 3:00 Ring Toss 6:00 Game Show
21 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Sunday Stretch 11:00 Brain Games 2:00 Memory Boxes 3:00 Ring Toss 4:00 Word Games 6:00 Jeopardy	22 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Tea Party 11:00 Hand Spa 1:30 Ball Exercise 4:00 Parachute Ball Toss 6:00 Comedy Movie	23 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Tea Party 11:00 Hand Spa 1:30 Ball Exercise 3:00 Jukebox Rendezvous 4:00 Coloring Corner 6:00 Comedy Movie	24 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Men's Nails 11:00 Mobile Activity Cart 1:30 Zumba with Olivia 2:30 Coloring Corner 3:30 Bingo 4:30 Reading Poetry 6:00 Western Movie	25 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Balloon & Noodle Toss 11:00 Chair Volleyball 1:00 Reminiscing 2:30 Harpist Playing 3:00 Book Club 6:00 Movie with Friends	26 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Balloon Toss 11:00 Mobile Activity Cart 1:00 Water coloring 2:00 Card Games 3:30 Bingo 6:00 Family Night Movie	27 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Brain Games 11:00 Memory Boxes 1:00 Table Top Games 2:00 Chair Volleyball 3:00 Ring Toss 6:00 Game Show
28 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Sunday Stretch 11:00 Brain Games 2:00 Memory Boxes 3:00 Ring Toss 4:00 Word Games 6:00 Jeopardy	29 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Tea Party 11:00 Hand Spa 1:30 Ball Exercise 4:00 Parachute Ball Toss 6:00 Comedy Movie	30 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Tea Party 11:00 Catholic Services with Deacon Ed 1:30 Write a Letter 2:00 Short Stories 3:00 Book Club 6:00 Classic Movie				

Arbors
Memory Care

September
2025

upcoming events

Catfish Carl Music
Monday the 1st @ 2:30 pm

Grandparents' Day
Luncheon
Friday the 5th @ noon
Dining Room

Chaplin Services with John
Monday the 8th @ 2 pm
Tuesday the 16th @ 2 pm

Sierra Arts Performance
With Eric Anderson, Piano
Tuesday the 9th @ 2:30 pm

John The Piano Man
Thursday the 11th @ 10 am

Catholic Services with
Deacon Ed
Thursday the 11th @ 11 am
Tuesday the 30th @ 11 am

My Heritage My Story
Friday the 19th
from 10 am to 2 pm

Jukebox Rendezvous
Tuesday the 23rd @ 3 pm

Zumba with Olivia
Wednesdays @ 1:30 pm



Our mission is to create and maintain comfortable, caring environments for those who depend on us.