

Resident Spotlight: Geti



Geti recently made a big move, relocating from Idaho to be closer to family here in Nevada. While settling into a new place is never easy, Geti has brought a warm smile, a kind heart, and a fascinating story that has already touched many of us. Her real life romance during war that brought her to America is awe inspiring.

Born and raised in Germany, Geti is fluent in both **German and English**. Her bilingual background adds a unique richness to our community, and our team is enjoying learning a few new words and phrases along the way!

Team Member Spotlight: Berenice



Berenice has newly joined our caregiving team this summer, and from day one, it was clear that this work is more than a job for her—it’s a joy.

Every morning, she walks through our doors with a

smile and a warm spirit that uplifts both residents and fellow team members. Her happiness reaches the entire community—not to mention her impromptu dance parties!

Berenice is known for her patience, attentiveness, and ability to connect with each resident in a personal and meaningful way. Whether it’s taking the time to share a laugh, hold a hand, or offer words of comfort, she makes each moment matter.



We had so much fun with our Arbors family for Grandparents’ Day. We celebrated with a BBQ and sharing fun grandparent stories together. Nobody says it better than grandpa and grandma!



Share Your Thoughts!

Resident & Responsible Party Satisfaction Survey

Residents and Responsible Parties, please keep an eye on your email for our Annual Satisfaction Survey! We are sending out our annual survey links from September 1st. The survey window is open through October 15th.

Your participation is greatly appreciated!

www.arborsmemorycare.com

October 2025

The Arbors Bulletin

Arbors Memory Care | 2121 E. Prater Way | Sparks, NV 89434 | 775-331-2229

TRUNK OR TREAT

OCTOBER 31ST

CANDY AND COCOA BAR
4:00 PM TO 6:00 PM
ARBORS PARKING LOT

A Note from the Executive Director



Amanda Jenkins,
Executive Director

Dear Residents, Families, and Friends,

As the crisp autumn air sets in, we welcome the beauty and reflection that the fall season brings. It’s a time of change and gratitude—a perfect opportunity to thank you for your continued trust and support of our community.

This season also brings exciting changes within our team, and I’m delighted to introduce two new members of our leadership staff who will play key

roles in continuing to provide exceptional care and support to our residents.

Sabrina, our new Wellness Director, brings more than 24 years of experience in various roles within senior care. Her compassionate approach makes her a strong advocate for seniors, and her clinical expertise is perfect for our Arbors family.

Kelsi, our new Life Enrichment Director, comes to us with 11 years specifically focused on activities. Whether in Tennessee, Colorado, or Nevada, helping seniors find joy through meaning and purpose is her passion.

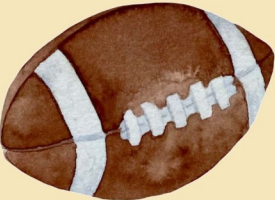
HAPPY Birthday

Residents

- Nancy, October 3
- Paul, October 8
- Geti, October 16
- Sondra, October 20
- Michael, October 23

Staff

- Chanel, October 7
- Pamela, October 11
- Nicole, October 16
- Juan, October 25

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Homemade Cookies Day 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Making Cookies 11:00 Mobile Activity Cart 1:30 Zumba with Olivia 3:30 Bingo 4:30 Reading Poetry 6:00 Western Movie	2 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Senior Chorus 11:00 Chair Volleyball 2:00 Memory Boxes 2:30 Reminiscing 3:00 Book Club 6:00 Movie with Friends	3 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Flower Arranging 2:00 Card Games 3:30 Bingo 6:00 Family Night Movie	4 Golf Lovers' Day 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Brain Games 11:00 Memory Boxes 1:00 Table Top Games 2:00 Chair Volleyball 3:00 Ring Toss 4:00 Word Games 5:00 Game Show
5 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Sunday Stretch 11:00 Brain Games 2:00 Memory Boxes 3:00 Ring Toss 4:00 Word Games 6:00 Jeopardy	6 Active Aging Week 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Mad Hatter Tea Party 1:30 Ball Exercise 2:30 Catfish Carl Music 4:00 Parachute Ball Toss 6:00 Comedy Movie	7 8:00 Outdoor Walk 9:00 Coffee & Chronicles 11:00 Mobile Activity Cart 1:30 Write a Letter 2:00 Short Stories 2:30 Sierra Arts Performance 3:00 Book Club 6:00 Classic Movie	8 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Mens' Nails 11:00 Mobile Activity Cart 1:30 Zumba with Olivia 2:30 Coloring Corner 3:30 Bingo 6:00 Western Movie	9 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 John The Piano Man 11:00 Catholic Services with Deacon Ed 2:00 Memory Boxes 3:00 Book Club 6:00 Movie with Friends	10 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Balloon Toss 11:00 Mobile Activity Cart 1:00 Water Coloring 2:00 Card Games 3:30 Bingo 6:00 Family Night Movie	11 Chess Day 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Brain Games 11:00 Memory Boxes 1:00 Table Top Games 2:00 Chair Volleyball 3:00 Ring Toss 6:00 Game Show
12 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Sunday Stretch 11:00 Brain Games 2:00 Memory Boxes 3:00 Ring Toss 4:00 Word Games 6:00 Jeopardy	13 Train Your Brain Day 8:00 Outdoor Walk 9:00 Coffee & Chronicles 11:00 Hand Spa 1:30 Ball Exercise 2:00 Chaplin Service with John 3:00 Brain Games 4:00 Parachute Ball Toss 6:00 Comedy Movie	14 8:00 Outdoor Walk 9:00 Coffee & Chronicles 11:00 Mobile Activity Cart 1:30 Write a Letter 2:00 Chaplin Service with John 3:00 Book Club 6:00 Classic Movie	15 I Love Lucy Day 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Mens' Nails 11:00 Mobile Activity Cart 1:30 Zumba with Olivia 2:30 Coloring Corner 3:30 Bingo 4:30 I Love Lucy Shows 6:00 Western Movie	16 Sports Day 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Balloon & Noodle Toss 11:00 Chair Volleyball 2:00 Memory Boxes 2:30 Reminiscing Sports Chat 3:00 Table Games/tennis 6:00 Movie with Friends	17 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Flower Arranging 11:00 Mobile Activity Cart 1:15 Jim Buehler Music 2:00 Card Games 3:30 Bingo 6:00 Family Night Movie	18 Alzheimer's Walk 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Brain Games 11:00 Memory Boxes 2:00 Chair Volleyball 3:00 Ring Toss 6:00 Game Show
19 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Sunday Stretch 11:00 Brain Games 2:00 Memory Boxes 3:00 Ring Toss 4:00 Word Games 6:00 Jeopardy	20 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Tea Party 11:00 Hand Spa 1:30 Ball Exercise 4:00 Parachute Ball Toss 6:00 Comedy Movie	21 Back to the Future Day 8:00 Outdoor Walk 9:00 Coffee & Chronicles 11:00 Hand Spa 1:30 Ball Exercise 11:00 Chaplin Service with John 4:00 Coloring Corner 6:00 Back to the future movie	22 Color Day 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Mens' Nails 11:00 Mobile Activity Cart 1:30 Zumba with Olivia 2:30 Coloring Corner 3:30 Bingo 4:30 Reading Poetry 6:00 Western Movie	23 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Balloon & Noodle Toss 11:00 Chair Volleyball 1:00 Reminiscing 2:30 Harpist Playing 3:00 Book Club 6:00 Movie with Friends	24 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Balloon Toss 11:00 Mobile Activity Cart 1:00 Water coloring 2:00 Card Games 3:30 Bingo 6:00 Family Night Movie	25 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Brain Games 11:00 Memory Boxes 1:00 Table Top Games 2:00 Chair Volleyball 3:00 Ring Toss 6:00 Game Show
26 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Sunday Stretch 11:00 Brain Games 2:00 Memory Boxes 3:00 Ring Toss 4:00 Word Games 6:00 Jeopardy	27 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Tea Party 11:00 Hand Spa 1:30 Ball Exercise 4:00 Parachute Ball Toss 6:00 Comedy Movie	28 8:00 Outdoor Walk 9:00 Coffee & Chronicles 11:00 Catholic Services with Deacon Ed 1:30 Write a Letter 2:00 Short Stories 2:30 Jukebox Rendezvous 6:00 Classic Movie	29 Cat Day 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Mens' Nails 1:30 Zumba with Olivia 2:30 Coloring Corner Cats 3:30 Bingo 4:30 Reading Poetry 6:00 Western Movie	30 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Balloon & Noodle Toss 11:00 Catholic Services with Deacon Ed 2:00 Memory Boxes 3:00 Book Club 6:00 Movie with Friends	31 Halloween 8:00 Outdoor Walk 9:00 Coffee & Chronicles 10:00 Flower Arranging 11:00 Mobile Activity Cart 2:00 Card Games 3:00 Trunk or Treat until 6 pm	

Arbors
Memory Care

October
2025

upcoming events

Catfish Carl Music

10/6 at 2:30 pm

Sierra Arts
Performance

10/7 at 2:30 pm

The Courtyard

John The Piano
Man

10/9 at 10 am

Zumba with Olivia

every Wednesday at
1:30 pm

Jim Buehler Music

10/17 at 1:15 pm

Harpist Playing

10/23 at 2:30 pm



Our mission is to create and maintain comfortable, caring environments for those who depend on us.