

Resident Spotlight



Jeanette

Jeanette’s family was born in Italy and moved to Nevada before Jeanette was born. She used to milk cows on their farm every morning. She used to say that their pigs got out when she was late for school. She began cooking and baking for her family at a young age. Jeanette worked as a cook, baker, and bartender for the Reno Elk’s Lodge for over 30 years, creating fine dining experiences, delicious breakfasts, and mixed beverages. The Elk’s Lodge even named their kitchen after her! She enjoys spending time with her dog “Jerry,” pictured above, as well as her family.

Team Member Spotlight



Kevin, Caregiver

Kevin makes a big impact on everyone here at Arbors. He brings a warm smile to our community every day. Kevin says, “I have a passion for helping seniors in memory care live fulfilling and productive lives. The meaningful impact of enhancing the well-being of residents, maintaining their dignity, and bringing them joy every day gives me a profound sense of purpose.”



October was a fun month! We enjoyed a visit from a Pumpkin, as well as many musical performances with members of our community.



A Note from the Executive Director



Amanda Jenkins,
Executive Director

November is a time to pause and reflect on the many things we’re thankful for. Here at Arbors Memory Care, I’m continually reminded of the blessings that surround us each day, the smiles of our residents, the dedication of our staff, and the love and support of our families.

In Memory Care, gratitude often shows up in small , beautiful moments, a familiar song, a shared laugh over a meal, or an afternoon walk . These moments remind us that connection and kindness matter

most. I want to thank our families for your trust and partnership, and our amazing team for the care and compassion you show daily. Together we create an environment where every resident feels valued, respected, and at home.

As we enter this season of thankfulness, may we all take time to appreciate the people and moments that make life meaningful. From all of us at Arbors Memory Care, we wish you a warm and happy Thanksgiving.

With Gratitude,

Amanda Jenkins
Executive Director

www.arborsmemorycare.com

November 2025
The Arbors Bulletin

Arbors Memory Care | 2121 E. Prater Way | Sparks, NV 89434 | 775-331-2229

**HAPPY
Birthday**

Residents

- Julia, November 16
- Scott, November 25

Staff

- Shawn, November 20

NOVEMBER 2025

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SUN	MON	TUE	WED	THU	FRI	SAT
						1 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Water Painting 11:00 Puzzles and Board Games 1:30 Ball Toss 2:00 Movie Matinee 3:30 Roll of the Dice
2 8:45 Morning Stretch 9:30 Coffee and Card Games 10:00 Mens' Nail Spa 10:30 Reminiscing 11:00 Puzzles and Board Games 1:30 Ball Toss 2:00 Short Story 3:00 Word Searches	3 8:45 Morning Stretch 9:30 Traveling Activity Cart 10:00 Mind Joggers Trivia 11:00 Jigsaw Puzzles 1:30 Bean Bag Toss 2:00 Flower Arranging 2:30 Catfish Carl 4:00 Finish Lines 6:00 Classic Movie	4 8:45 Morning Stretch 10:00 Travel the U.S. 11:00 Laugh-Along Jokes 1:30 Parachute Games 2:00 Art and Painting 3:00 Short Stories 3:30 Mens' Card Game Circle 4:00 Name 10 Word Game 6:00 Comedy Movie	5 Football Day 8:45 Morning Stretch 9:30 Traveling Activity Cart 10:00 History of Football 11:00 Memory Boxes 1:30 Zumba with Olivia 2:00 Matching Football Team 2:30 Football News 3:30 BINGO Game 6:00 Sports Movie	6 8:45 Morning Stretch 9:30 Writing Letters/Cards 10:00 Categories Word Game 11:00 Mazes 1:30 Balloon Toss 2:00 Sing Along to Music 3:00 Harvest Sensory Circle 4:00 Word Searches 6:00 Action Movie	7 Alzheimer's Awareness 8:45 Morning Stretch 9:30 Traveling Activity Cart 10:00 Travel Around the World 11:00 Board Games 1:30 Chair Dancing 2:00 Alzheimer's Facts and Discussion 3:30 BINGO Game 6:00 Western Movie	8 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Water Painting 11:00 Puzzles and Board Games 1:30 Ball Toss 2:00 Movie Matinee 3:30 Name 10 Word Game
9 8:45 Morning Stretch 9:30 Coffee and Card Games 10:00 Mens' Nail Spa 10:30 Reminiscing 11:00 Puzzles and Board Games 1:30 Ball Toss 2:00 Short Story 3:00 Word Searches	10 8:45 Morning Stretch 9:30 Traveling Activity Cart 10:00 Categories Word Game 10:30 Art and Coloring 11:00 Jigsaw Puzzles 1:30 Chair Exercises 2:00 History of Veterans' Day 3:00 Crossword Puzzles 4:00 Finish Lines 6:00 Classic Movie	11 Veteran's Day 8:45 Morning Stretch 10:00 Military Music History 10:30 Military Trivia 12:00 Veterans' Honor Luncheon 1:30 Bean Bag Toss 2:30 Sierra Performing Arts 4:00 Veterans' Day Discussion 6:00 Classic Military Movie	12 Chicken Soup for the Soul Day 8:45 Morning Stretch 9:30 Traveling Activity Cart 10:00 Travel the U.S. 11:00 Memory Boxes 1:30 Zumba with Olivia 2:00 Secret Quote Word Game 2:30 Chicken Soup Reading 3:30 BINGO Game 6:00 Classic Romance Movie	13 8:45 Morning Stretch 9:30 Writing Letters/Cards 10:00 Categories Word Game 11:00 Photo Memories 1:30 Bowling Game 2:00 Person of Interest 3:00 Book Club 3:30 Penny Ante 4:30 Word Searches 6:00 Action Movie	14 8:45 Morning Stretch 9:30 Traveling Activity Cart 10:30 Senior Fitness Group 11:00 Board Games 1:30 Chair Dancing 2:00 Travel Around the World 3:30 BINGO Game 6:00 Western Movie	15 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Water Painting 11:00 Puzzles and Board Games 1:30 Ball Toss 2:00 Movie Matinee 3:30 Name 10 Word Game
16 8:45 Morning Stretch 9:30 Coffee and Card Games 10:00 Mens' Nail Spa 10:30 Reminiscing 11:00 Puzzles and Board Games 1:30 Ball Toss 2:00 Short Story 3:00 Word Searches	17 8:45 Morning Stretch 9:30 Traveling Activity Cart 10:00 November Trivia 10:30 Flower Arranging 11:00 Jigsaw Puzzles 1:30 Bean Bag Toss 2:00 Person of Interest 3:00 Secret Quote Word Game 4:00 Finish Lines 6:00 Classic Movie	18 8:45 Morning Stretch 9:30 Word Pyramid Game 10:00 Travel the U.S. 11:00 Laugh-Along Jokes 1:30 Golf Putting Game 2:00 Chaplain Service w/ John 3:00 Arts and Crafts 3:30 Mens' Card Game Circle 4:00 Name 10 Word Game 6:00 Comedy Movie	19 Camping Day 8:45 Morning Stretch 9:30 Traveling Activity Cart 10:00 Art and Painting 11:00 Memory Boxes 1:30 Zumba with Olivia 2:00 Camping Word Game 2:30 Short Stories 3:30 BINGO Game 6:00 Classic Romance Movie	20 8:45 Morning Stretch 9:30 Writing Letters/Cards 10:00 Categories Word Game 11:00 Picture Puzzle 1:30 Balloon Toss 2:00 Travel Around the World 3:00 Penny Ante 4:00 Word Search 6:00 Action Movie	21 8:45 Morning Stretch 9:30 Traveling Activity Cart 10:00 Arts and Crafts 11:00 Board Games 1:30 Chair Dancing 2:00 Ukelele Music w/ Bartley Ranch 3:30 BINGO Game 6:00 Western Movie	22 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Water Painting 11:00 Puzzles and Board Games 2:00 Thankful BINGO 4:00 Family Movie
23 8:45 Morning Stretch 9:30 Coffee and Card Games 10:00 Mens' Nail Spa 10:30 Reminiscing 11:00 Puzzles and Board Games 1:30 Ball Toss 2:00 Finish Lines 3:00 Word Searches	24 8:45 Morning Stretch 9:30 Traveling Activity Cart 10:00 Brain Drain Trivia 10:30 Double Trouble Word Game 11:00 Jigsaw Puzzles 1:30 Roll of the Dice Game 2:00 Thanksgiving Discussion 3:00 Music Circle 4:00 Crossword Puzzles 6:00 Classic Movie	25 8:45 Morning Stretch 9:30 Crossword Puzzle 10:00 Mining Word Game 11:00 Laugh-Along Jokes 1:30 Parachute Games 2:00 Pilgrims' History 3:00 Music with John Rand 4:00 Name 10 Word Game 6:00 Comedy Movie	26 8:45 Morning Stretch 9:30 Traveling Activity Cart 10:00 Baking Circle 11:00 Household Chores 1:30 Zumba with Olivia 2:00 Unscramble Word Game 3:30 BINGO Game 6:00 Classic Romance Movie	27 Happy Thanksgiving! 8:45 Morning Stretch 9:30 Traveling Activity Cart 10:00 Art and Coloring 11:00 Gratitude Discussion 1:30 Balloon Toss 2:00 Let's Talk Turkey 3:00 Thanksgiving Reminiscing 4:30 Word Searches 6:00 Thanksgiving Movie	28 8:45 Morning Stretch 9:30 Traveling Activity Cart 10:00 Travel Around the World 11:00 Board Games 1:30 Chair Dancing 2:00 Mining Word Game 2:30 Mazes 3:30 BINGO Game 6:00 Western Movie	29 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Water Painting 11:00 Puzzles and Board Games 1:30 Ball Toss 2:00 Movie Matinee 3:30 Name 10 Word Game
30 8:45 Morning Stretch 9:30 Coffee and Card Games 10:00 Mens' Nail Spa 10:30 Reminiscing 11:00 Puzzles and Board Games 1:30 Ball Toss 2:00 Short Story 3:00 Mazes						Mauve = Physical Activity Blue = Social Activity Purple = Thoughtful Activity Green = Creative Activity Brown = Group Discussion Red = Special Event/Entertainment

Arbors
Memory Care

November
2025

upcoming events



- Catfish Carl
11/3 at 2:30 PM
- Zumba with Olivia
Every Wednesday at 1:30 PM
- Veteran's Day Honor Lunch
11/11 12 PM
- Pie Drive By Fundraiser
11/13 4-6 PM
- Senior Fitness Group
11/14 at 10:30 AM
- Safety Workshop
11/18 12 PM
- Thanksgiving Family Meal
11/20 at 12 PM
- Ukelele Music with Bartley
Ranch
11/21 at 2 PM
- Family BINGO
"Thankful for BINGO"
11/22 at 2 PM
- Music with John Rand
11/25 at 3 PM



Our mission is to create and maintain comfortable, caring environments for those who depend on us.