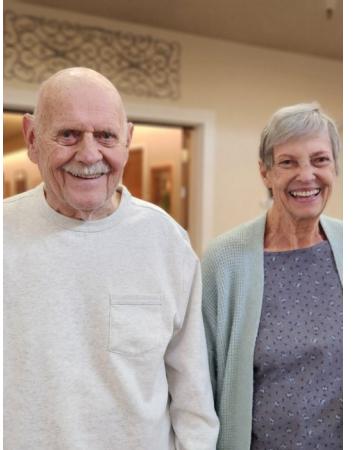


Resident Spotlight



Jerry

Jerry was born in Detroit, MI. As an adult he lived in California, Oregon, and finally made Sparks, NV, his home. He and his wife, Jo (pictured) have been married for 63 years and have enjoyed raising two children together. Jerry loves to watch football on TV. His favorite team is the Oregon Ducks.

Introducing...



Erin, Dining Services Director

Erin has been in hospitality for over 30 years. She is originally from Omaha, NE. She has two children, Gus and Hazel. She loves to cook and once owned her own catering company. Erin loves to hike, ski, go fishing, and travel in her free time. She is excited to bring her culinary experience to the Arbors community!



We recently enjoyed Winter Sparkle BINGO, Gigi's Library Corner, and celebrated Elvis' Birthday with his favorite snack!



February 2026

The Arbors Bulletin

Arbors Memory Care | 2121 E. Prater Way | Sparks, NV 89434 | 775-331-2229



A Note from the Executive Director



Amanda Jenkins,
Executive Director

Dear Residents and Families and Friends,
February is a month filled with hearts, smiles, and reminders of how important love and connection truly are.
Here in our community, we celebrate this season by sharing kindness, creating joyful moments, and surrounding one another with compassion and care.

Thank you for being part of our extended family and for the trust you place in us each day. We look forward to a month full of warmth, togetherness, and meaningful moments.

With heartfelt appreciation,
Amanda Jenkins,
Executive Director

HAPPY Birthday

Residents

- Jeannette, February 2
- Smokey, February 9
- Elizabeth, February 10
- Carole, February 23

Staff

- Valerie, February 26

FEBRUARY 2026

Arbors Memory Care • 2121 E. Prater Way, Sparks, NV 89434 • 775-331-2229



Arbors
Memory Care
February
2026
upcoming events

SUN	MON	TUE	WED	THU	FRI	SAT
1 8:45 Morning Stretch 9:30 Coffee and Card Games 10:00 Mens' Nail Spa 10:30 Reminiscing 11:00 Puzzles and Board Games 1:00 Piano Music with Ella 2:00 Short Story 3:00 Word Searches	2 Groundhog Day 8:45 Morning Stretch 9:30 Travelling Activity Cart 10:00 Stella's Library Corner 11:00 Muscles on Monday 1:30 Jigsaw Puzzles 2:30 Music with Catfish Carl 3:30 Groundhog Day Trivia 4:00 Finish Lines	3 8:45 Morning Stretch 10:00 Animal Hour 11:00 Laugh-Along Jokes 11:30 Scarf Dancing 1:30 Card Games 2:00 Art and Coloring 3:30 February Trivia 4:00 Crossword Puzzle	4 8:45 Morning Stretch 10:00 Ladies' Nail Spa 10:00 What Am I? 11:00 Memory Boxes 1:30 Zumba with Olivia 2:00 Around the World Word Game 3:30 BINGO Game 4:00 Name 10 Word Game	5 8:45 Morning Stretch 10:00 Word Searches 11:30 Exercise Circle 1:30 Board Games 2:00 Who Am I? 3:30 Fun with Food 4:00 Reminiscing	6 Winter Olympics Begin! 8:45 Morning Stretch 9:30 Travelling Activity Cart 10:00 Categories Word Game 11:00 Olympics Standings Update 11:30 Parachute Games 1:30 Reminiscing 2:00 Winter Olympics Trivia 3:30 BINGO Game 4:30 Mind Joggers	7 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Water Painting 11:00 Olympics Standings Update 1:30 Ball Toss 2:00 Movie Matinee 3:30 Name 10 Word Game 6:00 Olympic Sports TV
8 Super Bowl Sunday 8:45 Morning Stretch 9:30 Coffee and Card Games 10:00 Mens' Nail Spa 10:30 Reminiscing 11:00 Olympics Standings Update 11:30 Muscles on Monday 1:00 Piano Music with Ella 2:00 Olympic Sports TV 3:30 Super Bowl Viewing Party	9 8:45 Morning Stretch 9:30 Travelling Activity Cart 10:00 Stella's Library Corner 11:00 Olympics Standings Update 11:30 Scarf Dancing 1:30 Jigsaw Puzzles 2:00 Art and Coloring 3:30 Short Stories 4:00 Valentine's Jokes 6:00 Olympic Sports TV	10 8:45 Morning Stretch 10:00 Animal Hour 11:00 Olympics Standings Update 11:30 Scarf Dancing 1:30 Card Games 2:00 Art and Coloring 3:30 Short Stories 4:00 Valentine's Jokes 6:00 Olympic Sports TV	11 8:45 Morning Stretch 10:00 Categories Word Game 11:00 Olympics Standings Update 11:30 Zumba with Olivia 1:30 Arts and Crafts 3:30 BINGO Game 4:00 Name 10 Word Game	12 8:45 Morning Stretch 10:00 Love Trivia 11:00 Olympics Standings Update 11:30 Exercise Circle 1:30 Board Games 2:00 Valentine's Party with Music 4:00 Reminiscing 6:00 Olympic Sports TV	13 8:45 Morning Stretch 9:30 Travelling Activity Cart 10:00 Valentine's Day History 11:00 Olympics Standings Update 11:30 Parachute Games 1:30 Reminiscing 2:00 Arts and Crafts 3:30 BINGO Game 4:30 Mind Joggers 6:00 Olympic Sports TV	14 Valentine's Day 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Water Painting 11:00 Olympics Standings Update 2:00 Valentine's Day BINGO 4:00 Name 10 Word Game 6:00 Olympic Sports TV
15 8:45 Morning Stretch 9:30 Coffee and Card Games 10:00 Mens' Nail Spa 10:30 Reminiscing 11:00 Olympics Standings Update 11:30 Muscles on Monday 1:00 Piano Music with Ella 2:00 Short Story 3:00 Word Searches 6:00 Olympic Sports TV	16 Presidents' Day 8:45 Morning Stretch 9:30 Travelling Activity Cart 10:00 Stella's Library Corner 11:00 Olympics Standings Update 11:30 Scarf Dancing 1:30 Jigsaw Puzzles 2:00 Presidential Guessing Game 3:30 Presidential Stories 4:00 Finish Lines 6:00 Olympic Sports TV	17 Lunar New Year & Mardi Gras 8:45 Morning Stretch 10:00 Mardi Gras Trivia 11:00 Olympics Standings Update 11:30 Scarf Dancing 1:30 Card Games 2:30 Music with Dan Palmer 3:30 Year of the Horse Facts 4:00 Crossword Puzzle 6:00 Olympic Sports TV	18 8:45 Morning Stretch 10:00 Ladies' Nail Spa 10:00 February Trivia 11:00 Olympics Standings Update 11:30 Zumba with Olivia 1:30 Heist at the Louvre Discussion 3:30 Gigi's Library Corner 4:00 Name 10 Word Game 6:00 Olympic Sports TV	19 8:45 Morning Stretch 9:30 Word Search 10:00 Math Games 11:00 Olympics Standings Update 11:30 Exercise Circle 1:30 Board Games 2:00 What's The Verdict? 3:30 Short Stories 4:00 Reminiscing 6:00 Olympic Sports TV	20 8:45 Morning Stretch 9:30 Travelling Activity Cart 10:00 Where Am I? 11:00 Olympics Standings Update 11:30 Music with Jim Beuhler 1:30 BINGO Game 4:30 Mind Joggers 6:00 Olympic Sports TV	21 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Water Painting 11:00 Olympics Standings Update 1:30 Ball Toss 2:00 Movie Matinee 3:30 Name 10 Word Game 6:00 Olympic Sports TV
22 Last Day of Winter Olympics 8:45 Morning Stretch 9:30 Coffee and Card Games 10:00 Mens' Nail Spa 10:30 Reminiscing 11:00 Olympics Final Standings 1:00 Piano Music with Ella 2:00 Short Story 3:00 Word Searches	23 8:45 Morning Stretch 9:30 Travelling Activity Cart 10:00 Stella's Library Corner 11:00 Muscles on Monday 1:30 Jigsaw Puzzles 2:00 Art and Coloring 3:30 Who Am I? 4:00 Finish Lines	24 8:45 Morning Stretch 9:30 Word Search 10:00 Mining Word Game 11:30 Scarf Dancing 1:30 Card Games 2:00 Baking Circle 3:30 Musical Trivia 4:00 Crossword Puzzle	25 8:45 Morning Stretch 10:00 Ladies' Nail Spa 10:00 Lighthouse Coffee Outing 11:00 Board Games 1:30 Zumba with Olivia 2:00 Over or Under Game 3:30 BINGO Game 4:00 Name 10 Word Game	26 8:45 Morning Stretch 9:30 Word Search 10:00 Food Trivia 11:30 Exercise Circle 1:30 Board Games 2:30 Live Music Entertainment 4:00 Reminiscing	27 8:45 Morning Stretch 9:30 Travelling Activity Cart 10:00 STEM Trivia 11:30 Parachute Games 1:30 Reminiscing 2:00 Outlawed Discussion 3:30 BINGO Game 4:30 Mind Joggers	28 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Water Painting 11:00 Puzzles and Board Games 1:30 Ball Toss 2:00 Movie Matinee 3:30 Name 10 Word Game



Our mission is to create and maintain comfortable, caring environments for those who depend on us.