

Resident Spotlight



Sandra

Sandra has lived in Nevada for most of her life, from Carson City, to Winnemucca, to Reno. She worked for Nevada Energy. She is a true Nevadan through and through! She loves to walk her dog, Willow, and to hear nearly any kind of music. She can be found walking around the Arbors' community and soaking up some sun!

Introducing...



Aubrey, Wellness Coordinator

We are so happy to introduce our new Wellness Coordinator, Aubrey! She comes to her new title with experience as a Caregiver at Arbors. She has a passion for giving our residents quality of life and making them happy. Thank you for all you do, Aubrey!



Love was in the air during our Valentine Lunch. Valentine's BINGO was a hit—rose-colored glasses approved! We built up an appetite with our new air hockey game, so our Dining Services created Big Mac Sliders for lunch!



- Public Events
- Community Photos
- Staff Highlights
- Resident Features
- & More!



April 2026

The Arbors Bulletin

Arbors Memory Care | 2121 E. Prater Way | Sparks, NV 89434 | 775-331-2229



A Note from the Executive Director



Greetings Everyone,

Spring is here, bringing a sense of renewal and brighter days for our community.

As we welcome spring, we look forward to continued connection, joy and time together.

We're excited to announce our April outdoor barbecue—a wonderful opportunity to enjoy the outdoors, sunshine, music, and time together.

We are deeply grateful for our dedicated team and supportive families and providers who help create a compassionate, comforting environment for our residents.

With appreciation,

Amanda Jenkins

Executive Director

HAPPY Birthday

Residents

- Rita, 4/3
- Bonnie, 4/5
- Skeeter, 4/23
- Doris, 4/26
- Julia, 4/30

APRIL 2026

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SUN	MON	TUE	WED	THU	FRI	SAT
			1 April Fool's Day 8:45 Morning Stretch 10:00 April Fool's Mad Libs 11:30 Sunny Stroll Outside 1:30 Zumba with Olivia 2:00 Hilarious Headlines 3:30 BINGO Game Passover Begins	2 8:45 Morning Stretch 10:00 Beauty Hour 11:00 Easter Egg Hunt 12:30 Easter Luncheon 3:30 Feathers and Fellowship 4:00 Mind Joggers	3 Good Friday 8:45 Morning Stretch 10:30 Music with Treblemakers 11:30 Sunny Stroll Outside 1:30 Nail Spa 2:00 Easter Bunny History 3:30 BINGO Game	4 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Water Painting 11:00 Puzzles and Board Games 1:30 Parachute Time 2:00 Activity Boxes
5 Easter Sunday 8:45 Morning Stretch 9:30 Coffee and Card Games 10:00 Men's Nail Spa 10:30 Reminiscing 11:00 Puzzles and Board Games 1:00 Piano Music with Ella 2:00 Activity Boxes 3:00 Word Searches	6 8:45 Morning Stretch 10:30 Stella's Library Corner 11:00 Movement on Monday 11:30 Sunny Stroll Outside 1:30 Nail Spa 2:00 Star of the Month 3:30 Chair Volleyball Game	7 8:45 Morning Stretch 10:00 Baking Circle 11:00 Scarf Dancing 11:30 Sunny Stroll Outside 1:30 Nail Spa 2:00 Movie Matinee 3:30 Bowling Game 4:00 Common Ending Game	8 8:45 Morning Stretch 10:00 Beauty Hour 11:30 Sunny Stroll Outside 1:30 Zumba with Olivia 2:00 Categories Game 3:30 BINGO Game	9 8:45 Morning Stretch 10:00 Armchair Travels 11:00 Cardio Drumming 11:30 Sunny Stroll Outside 1:30 Nail Spa 2:00 English Tea Time 3:30 Golf Putting Game 4:00 Finish Lines	10 8:45 Morning Stretch 10:00 April Gazette and Trivia 10:00 Pet Visits with Yuki 11:00 Parachute Games 11:30 Sunny Stroll Outside 1:30 Nail Spa 2:00 Harp Music with Leandra 3:30 BINGO Game	11 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Water Painting 11:00 Puzzles and Board Games 1:30 Parachute Time 2:00 Activity Boxes
12 8:45 Morning Stretch 9:30 Coffee and Card Games 10:00 Men's Nail Spa 10:30 Reminiscing 11:00 Puzzles and Board Games 1:00 Piano Music with Ella 2:00 Activity Boxes 3:00 Word Searches	13 8:45 Morning Stretch 10:30 Stella's Library Corner 11:00 Movement on Monday 11:30 Sunny Stroll Outside 1:30 Nail Spa 2:00 What Am I? 3:30 Roll of the Dice Math Game	14 8:45 Morning Stretch 10:00 Baking Circle 11:00 Scarf Dancing 11:30 Sunny Stroll Outside 1:30 Nail Spa 2:30 Music with Alice Osborn 3:00 Family Council 4:00 Nail Spa	15 8:45 Morning Stretch 10:00 Beauty Hour 11:30 Sunny Stroll Outside 1:30 Zumba with Olivia 2:00 Mining Word Game 3:30 Gigi's Library Corner	16 8:45 Morning Stretch 10:00 Arts and Crafts 11:00 Cardio Drumming 11:30 Sunny Stroll Outside 1:30 Nail Spa 2:00 Feathers and Fellowship 3:30 Chair Tennis Game 4:00 Mind Joggers	17 8:45 Morning Stretch 10:00 Random Trivia 11:00 Parachute Games 11:30 Sunny Stroll Outside 1:30 April Happy Hour with Music by Jim Beuhler 3:30 BINGO Game	18 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Water Painting 11:00 Puzzles and Board Games 1:30 Parachute Time 2:00 Activity Boxes
19 8:45 Morning Stretch 9:30 Coffee and Card Games 10:00 Men's Nail Spa 10:30 Reminiscing 11:00 Puzzles and Board Games 1:30 Ball Toss 2:00 Activity Boxes 3:00 Word Searches	20 8:45 Morning Stretch 10:30 Stella's Library Corner 11:00 Movement on Monday 11:30 Sunny Stroll Outside 1:30 Nail Spa 2:00 What's the Verdict? 3:30 Table Tennis Game	21 8:45 Morning Stretch 10:00 Baking Circle 11:00 Scarf Dancing 11:30 Sunny Stroll Outside 1:30 Nail Spa 2:30 Music with John Rand 3:30 Balloon Toss Game 4:00 Double Trouble Game	22 Earth Day 8:45 Morning Stretch 10:00 Beauty Hour 11:30 Sunny Stroll Outside 1:30 Zumba with Olivia 2:00 Earth Day Word Games 3:30 BINGO Game	23 8:45 Morning Stretch 10:00 Art and Painting 11:00 Cardio Drumming 11:30 Sunny Stroll Outside 1:30 Nail Spa 2:30 Music with Erika Paul 4:00 Finish Lines	24 Arbor Day 8:45 Morning Stretch 10:00 Tree Tales 10:00 Pet Visits with Yuki 11:00 Parachute Games 11:30 Sunny Stroll Outside 1:30 Nail Spa 2:00 Air Hockey Game 3:30 BINGO Game	25 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Water Painting 11:00 Puzzles and Board Games 1:30 Parachute Time 2:00 Activity Boxes
26 8:45 Morning Stretch 9:30 Coffee and Card Games 10:00 Men's Nail Spa 10:30 Reminiscing 11:00 Puzzles and Board Games 1:30 Ball Toss 2:00 Activity Boxes 3:00 Word Searches	27 8:45 Morning Stretch 10:30 Stella's Library Corner 11:00 Movement on Monday 11:30 Sunny Stroll Outside 1:30 Nail Spa 2:00 Short Story 3:30 Buttered Up! Homemade Butter Circle	28 Poetry Reading Day 8:45 Morning Stretch 10:00 Baking Circle 11:00 Scarf Dancing 11:30 Sunny Stroll Outside 1:30 Nail Spa 2:00 Poetry Corner 3:30 Golf Putting Game 4:00 Word Pyramid Game	29 8:45 Morning Stretch 10:00 Beauty Hour 11:30 Sunny Stroll Outside 1:30 Zumba with Olivia 2:00 Categories Word Game 3:30 BINGO Game	30 8:45 Morning Stretch 10:00 Spring Sensory Circle 11:00 Cardio Drumming 11:30 Sunny Stroll Outside 1:30 Nail Spa 2:00 Feathers and Fellowship 3:30 Ball Toss Game 4:00 Mind Joggers		



April 2026 upcoming events

Easter Egg Hunt
Thursday, April 2nd
11 am - 12 pm

Easter Luncheon
Thursday, April 2nd
12:30 pm

Arbors Family Council
Tuesday, April 14th
3 pm

Open House
Friday, April 25th
10:30 am - 1 pm



Our mission is to create and maintain comfortable, caring environments for those who depend on us.