

Resident Spotlight



Pat

Pat was born and raised in Chicago. She grew up across the street from her future husband, Bob. She had three children and worked office jobs while raising them. You can find her in baking groups, whipping up something delicious to share with her friends!

Introducing...



Kelly, Business Office Director

Kelly spent most of her life in California in the Bay Area. She is married with two children. She enjoys spending her free time outdoors with her family, or trying new, delicious foods! She comes to the Arbors Team with professional knowledge and a love of helping people. Welcome to Arbors, Kelly!

moments captured



We partnered with The Alzheimer's Association for a Workshop at the Sparks Library, where we will host two more workshops this month! We went on a picnic at Sparks Marina, and had a visit from the Easter Bunnies. Four intelligent little girls read books to us about fitting in and finding acceptance!



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May 2026

The Arbors Bulletin

Arbors Memory Care | 2121 E. Prater Way | Sparks, NV 89434 | 775-331-2229



A Note from the Executive Director

Warm Greetings to Our Residents, Families and Dedicated Team,



**Amanda Jenkins,
Executive Director**

May is here, bringing warmth, longer days, and a renewed sense of energy throughout our community. We are excited to embrace the season with more outdoor activities, opportunities for connection, and meaningful engagement for our residents.

Our team remains dedicated to delivering exceptional, person centered care while creating an environment that is vibrant, supportive, and full of life. From time spent in the sunshine to shared moments of laughter and companionship, we are focused on making each day both purposeful and enjoyable.

Thank you to our families, staff and professional partners for your continued partnership, trust, and commitment. Your support is essential to the strength and spirit of our community.

Kindest Regards,
Amanda Jenkins

HAPPY Birthday

Residents

- Albert, 5/7
- Pat, 5/21
- Richard, 5/30

MAY 2026

Arbors Memory Care • 2121 E. Prater Way, Sparks, NV 89434 • 775-331-2229

SUN	MON	TUE	WED	THU	FRI	SAT
				<p>This Memorial Day, we honor the heroes who gave everything for our freedom.</p> 	<p>1</p> <p>8:45 Morning Stretch 10:00 Garden Planting 11:30 Ladybug Release 1:30 Nail Spa 2:00 Air Hockey Game 3:30 BINGO Game</p>	<p>2</p> <p>8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Water Painting 11:00 Puzzles and Board Games 1:30 Parachute Time 2:00 Activity Boxes</p>
<p>3</p> <p>8:45 Morning Stretch 9:30 Coffee and Card Games 10:00 Men's Nail Spa 10:30 Reminiscing 11:00 Puzzles and Board Games 2:00 Activity Boxes 3:00 Word Searches</p>	<p>4</p> <p>8:45 Morning Stretch 10:30 Stella's Library Corner 11:00 Movement on Monday 11:30 Soil and Serenity 1:30 Nail Spa 2:00 Baking Circle 3:30 Chair Volleyball Game</p>	<p>5</p> <p>8:45 Morning Stretch 10:00 Cinco De Mayo History 11:00 Scarf Dancing 11:30 Soil and Serenity 1:30 Nail Spa 2:00 Cinco de Mayo Happy Hour 4:00 Cinco de Mayo Matching</p>	<p>6</p> <p>8:45 Morning Stretch 10:00 Beauty Hour 11:30 Soil and Serenity 1:30 Zumba with Olivia 2:00 Mother's Day Trivia 3:30 BINGO Game</p>	<p>7</p> <p>8:45 Morning Stretch 10:00 Music with Senior Chorus 11:00 Cardio Drumming 11:30 Soil and Serenity 1:30 Nail Spa 2:00 Name 5 Game 3:30 Golf Putting Game 4:00 Finish Lines</p>	<p>8</p> <p>8:45 Morning Stretch 10:00 Beauty Hour 10:00 Pet Visits with Yuki 11:30 Music with Paul Vandervoort 12:30 Mother's Day Luncheon 3:30 BINGO Game</p>	<p>9</p> <p>8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Water Painting 11:00 Puzzles and Board Games 1:30 Parachute Time 2:00 Activity Boxes</p>
<p>10 Mother's Day</p> <p>8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Mother's Day Beauty Hour 10:30 Reminiscing 11:00 Puzzles and Board Games 2:00 Activity Boxes 3:00 Word Searches <i>(*Mother's Day Luncheon on 5/8)</i></p>	<p>11</p> <p>8:45 Morning Stretch 10:30 Stella's Library Corner 11:00 Movement on Monday 11:30 Soil and Serenity 1:30 Nail Spa 2:00 What's the Verdict? 3:30 Bean Bag Toss Game</p>	<p>12</p> <p>8:45 Morning Stretch 10:00 Baking Circle 11:00 Scarf Dancing 11:30 Soil and Serenity 1:30 Nail Spa 2:30 Music with Sierra Arts 4:00 Mind Joggers</p>	<p>13</p> <p>8:45 Morning Stretch 10:00 Beauty Hour 11:30 Soil and Serenity 1:30 Zumba with Olivia 2:00 Categories Word Game 3:30 BINGO Game</p>	<p>14</p> <p>8:45 Morning Stretch 10:00 Armchair Travels 11:00 Cardio Drumming 11:30 Soil and Serenity 1:30 Nail Spa 2:00 California Cuisine 3:30 California Music</p>	<p>15</p> <p>8:45 Morning Stretch 10:00 May Gazette and Trivia 11:00 Parachute Games 11:30 Soil and Serenity 1:30 Nail Spa 2:00 Harp Music with Leandra 3:30 BINGO Game</p>	<p>16</p> <p>8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Water Painting 11:00 Puzzles and Board Games 1:30 Parachute Time 2:00 Activity Boxes</p>
<p>17</p> <p>8:45 Morning Stretch 9:30 Coffee and Card Games 10:00 Men's Nail Spa 10:30 Reminiscing 11:00 Puzzles and Board Games 1:30 Ball Toss 2:00 Activity Boxes 3:00 Word Searches</p>	<p>18</p> <p>8:45 Morning Stretch 10:30 Stella's Library Corner 11:00 Movement on Monday 11:30 Soil and Serenity 1:30 Nail Spa 2:00 Star of the Month 3:30 Buttered Up! Homemade Butter Circle</p>	<p>19</p> <p>8:45 Morning Stretch 10:00 Baking Circle 11:00 Scarf Dancing 11:30 Soil and Serenity 1:30 Nail Spa 2:00 Movie Matinee 3:30 Soccer Circle 4:00 Mind Joggers</p>	<p>20</p> <p>8:45 Morning Stretch 10:00 Beauty Hour 11:30 Soil and Serenity 1:30 Zumba with Olivia 2:00 Mining Word Game 3:30 BINGO Game</p>	<p>21</p> <p>8:45 Morning Stretch 10:00 Beauty Hour 12:30 Memorial Day BBQ with Music by Piano Encore 2:30 Nail Spa 3:30 BINGO Game</p>	<p>22</p> <p>8:45 Morning Stretch 10:00 Random Trivia 10:00 Pet Visits with Yuki 11:00 Parachute Games 11:30 Soil and Serenity 1:30 Nail Spa 2:30 Balloon Toss Game 3:30 Short Story</p>	<p>23</p> <p>8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Water Painting 11:00 Puzzles and Board Games 1:30 Parachute Time 2:00 Activity Boxes</p>
<p>24</p> <p>8:45 Morning Stretch 9:30 Coffee & Card Games 10:00 Men's Nail Spa 10:30 Reminiscing 11:00 Puzzles & Board Games 1:30 Ball Toss 2:00 Activity Boxes 3:00 Word Searches</p>	<p>31</p> <p>8:45 Morning Stretch 9:30 Coffee & Card Games 10:00 Men's Nail Spa 10:30 Reminiscing 11:00 Puzzles & Board Games 1:30 Ball Toss 2:00 Activity Boxes 3:00 Word Searches</p>	<p>25 Memorial Day</p> <p>8:45 Morning Stretch 10:00 Art and Coloring 11:00 Movement on Monday 11:30 Soil and Serenity 2:00 Nail Spa 3:30 Finish Lines <i>(*Memorial Day BBQ on 5/21)</i></p>	<p>26</p> <p>8:45 Morning Stretch 10:00 Baking Circle 11:00 Scarf Dancing 11:30 Soil and Serenity 1:30 Nail Spa 2:00 Art and Coloring 3:30 Bowling Game</p>	<p>27 Senior Health & Fitness Day</p> <p>8:45 Morning Stretch 10:00 Beauty Hour 11:30 Soil and Serenity 1:30 Zumba with Olivia 2:00 Categories Word Game 3:30 BINGO Game</p>	<p>28</p> <p>8:45 Morning Stretch 10:00 Arts and Crafts 11:00 Cardio Drumming 11:30 Soil and Serenity 1:30 Nail Spa 2:30 Music with Jim Buehler 3:30 Air Hockey Game</p>	<p>29</p> <p>8:45 Morning Stretch 10:00 Musical Trivia 11:00 Parachute Games 11:30 Soil and Serenity 1:30 Nail Spa 2:00 Golf Putting Game 3:30 BINGO Game</p>
<p>30</p> <p>8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Water Painting 11:00 Puzzles and Board Games 1:30 Parachute Time 2:00 Activity Boxes</p>						



May 2026 upcoming events

**Cinco de Mayo
Happy Hour**
5/5 at 2 pm

**Mother's Day
Luncheon**
5/8 at 12:30 pm

**Library Workshops
with The Alzheimer's
Association**
5/11 *and* 5/18 12 pm
at the Sparks Library

Memorial Day BBQ
5/21 at 12:30 pm



Our mission is to create and maintain comfortable, caring environments for those who depend on us.