

## Resident Spotlight



**Diana**

Diana grew up in San Francisco. When she married her husband, they moved to Ohio for his military career, before returning home to California a few years later. They both retired to Sparks, and became a staple in the community. Diana enjoyed volunteering for Hot August Nights! She can now be found playing BINGO, dancing to live music, and helping tend the Arbors Community Gardens!

## Team Member Spotlight



**Brenda, Caregiver**

Brenda joined the Arbors family two months ago, and she has already made a big difference in our community! She says, "I love to care for the residents and get to know them. They have a lot to offer us, so it's only natural that we should give them our best!"

# moments captured



We celebrated Cinco de Mayo with music and friends! Our Mother's Day Lunch was a sweet moment for moms. We planted our flower and herb gardens, and enjoyed music from the Sparks UMC Senior Chorus!



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June 2026

# The Arbors Bulletin

Arbors Memory Care | 2121 E. Prater Way | Sparks, NV 89434 | 775-331-2229



## A Note from the Executive Director



**Amanda Jenkins, Executive Director**

Hello Families and Friends,  
Happy June!

Summer is here, and our community is looking forward to sunshine, outdoor activities, music, gardening, and fun gatherings with residents, families, and friends.

We are excited for all the joy this season brings and the special memories we will create

together.

Thank you to our wonderful staff and families for the kindness and support you share each day. Wishing everyone a happy and sunshine-filled June!

Warm Regards,

Amanda Jenkins  
Executive Director

## HAPPY Birthday

### Residents

- Wayne, 6/14
- Diana, 6/18

### Staff

- Michaelene, 6/2
- Jan, 6/3
- CJ, 6/4
- Stephanie, 6/15

# JUNE 2026

Arbors Memory Care

• 2121 E. Prater Way, Sparks, NV 89434

• 775-331-2229

SUN	MON	TUE	WED	THU	FRI	SAT
	<b>1</b> 8:45 Morning Stretch 10:30 Stella's Library Corner 11:00 Movement on Monday 11:30 Soil and Serenity 1:30 Nail Spa 2:00 Star of the Month 3:30 Golf Putting Game	<b>2</b> 8:45 Morning Stretch 10:00 Baking Circle 11:00 Scarf Dancing 11:30 Soil and Serenity 1:30 Nail Spa 2:00 Movie Matinee 3:30 Balloon Toss Game	<b>3</b> 8:45 Morning Stretch 10:00 Beauty Hour 11:30 Soil and Serenity 1:30 Zumba with Olivia 2:00 Categories Word Game 3:30 BINGO Game	<b>4</b> 8:45 Morning Stretch 10:00 Puzzles and Board Games 11:00 Cardio Drumming 11:30 Soil and Serenity 1:30 Nail Spa 2:00 Brain Health Discussion 3:30 Finish Lines	<b>5</b> 8:45 Morning Stretch 10:00 June Trivia 11:00 Parachute Games 1:30 Nail Spa 2:00 Air Hockey Game 3:30 BINGO Game	<b>6</b> 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Water Painting 11:00 Puzzles and Board Games 1:30 Parachute Time 2:00 Activity Boxes
	<b>7</b> 8:45 Morning Stretch 9:30 Coffee and Card Games 10:00 Men's Nail Spa 10:30 Reminiscing 11:00 Puzzles and Board Games 1:30 Ball Toss 2:00 Activity Boxes 3:00 Word Searches	<b>8</b> 8:45 Morning Stretch 10:30 Stella's Library Corner 11:00 Movement on Monday 11:30 Soil and Serenity 1:30 Nail Spa 2:00 Art and Painting 3:30 Bean Bag Toss Game	<b>9</b> 8:45 Morning Stretch 10:00 Baking Circle 11:00 Scarf Dancing 11:30 Soil and Serenity 1:30 Nail Spa 2:00 Music with Sierra Arts 3:30 Roll of the Dice Game	<b>10</b> 8:45 Morning Stretch 10:00 Beauty Hour 11:30 Soil and Serenity 1:30 Zumba with Olivia 2:00 Mining Word Game 3:30 BINGO Game	<b>11</b> 8:45 Morning Stretch 10:00 Armchair Travels 11:00 Cruise Ship Music and Movement 11:30 Soil and Serenity 1:30 Nail Spa 2:00 What's The Verdict? - Cruise Edition 3:30 Short Story	<b>12</b> 8:45 Morning Stretch 10:00 Cruise Trivia 10:00 Pet Visits with Yuki 11:00 Parachute Games 11:30 Soil and Serenity 1:30 Nail Spa 2:00 Air Hockey Game 3:30 BINGO Game
<b>14 Flag Day</b> 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Men's Nail Spa 10:30 Reminiscing 11:00 Puzzles and Board Games 1:30 Ball Toss 2:00 Activity Boxes 3:00 Word Searches	<b>15</b> 8:45 Morning Stretch 10:30 Stella's Library Corner 11:00 Movement on Monday 11:30 Soil and Serenity 1:30 Nail Spa 2:00 Fatherly Humor 3:30 Balloon Volleyball Game	<b>16</b> 8:45 Morning Stretch 10:00 Baking Circle 11:00 Scarf Dancing 11:30 Soil and Serenity 1:30 Nail Spa 2:30 Music with John Rand 4:00 Men's Discussion Group—Health and Wellness for Men	<b>17</b> 8:45 Morning Stretch 10:00 Beauty Hour 11:30 Soil and Serenity 1:30 Zumba with Olivia 2:00 Categories Word Game 3:30 BINGO Game	<b>18</b> 8:45 Morning Stretch 10:30 Paper Airplane Contest 12:30 Father's Day BBQ with Music by Linda Herring 2:00 Nail Spa 3:30 Finish Lines	<b>19 Juneteenth</b> 8:45 Morning Stretch 10:00 Dad Trivia 11:00 Parachute Games 11:30 Soil and Serenity 1:30 Nail Spa 2:00 Air Hockey Game 3:30 BINGO Game	<b>20</b> 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Water Painting 11:00 Puzzles and Board Games 1:30 Parachute Time 2:00 Activity Boxes
<b>21 Father's Day</b> 8:45 Morning Stretch 9:30 Coffee and Card Games 10:00 Men's Nail Spa 10:30 Reminiscing 11:00 Puzzles and Board Games 1:30 Ball Toss 2:00 Activity Boxes 3:00 Word Searches *Father's Day BBQ held 6/18	<b>22</b> 8:45 Morning Stretch 10:30 Stella's Library Corner 11:00 Movement on Monday 11:30 Soil and Serenity 1:30 Nail Spa 2:00 Art and Coloring 3:30 Table Tennis Game	<b>23</b> 8:45 Morning Stretch 10:00 Botanical Garden Memory Walk Outing 11:30 Soil and Serenity 1:30 Nail Spa 2:00 Fun with Food 3:30 Golf Putting Game	<b>24</b> 8:45 Morning Stretch 10:00 Beauty Hour 11:30 Soil and Serenity 1:30 Zumba with Olivia 2:00 Mining Word Game 3:30 BINGO Game	<b>25</b> 8:45 Morning Stretch 10:00 Arts and Crafts 11:00 Cardio Drumming 11:30 Soil and Serenity 1:30 Nail Spa 2:30 Music with Jim Buehler 4:00 Finish Lines	<b>26</b> 8:45 Morning Stretch 10:00 Random Trivia 10:00 Pet Visits with Yuki 11:00 Parachute Games 11:30 Soil and Serenity 1:30 Nail Spa 2:00 Air Hockey Game 3:30 BINGO Game	<b>27</b> 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Water Painting 11:00 Puzzles and Board Games 1:30 Parachute Time 2:00 Activity Boxes
<b>28</b> 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Men's Nail Spa 10:30 Reminiscing 11:00 Puzzles and Board Games 1:30 Ball Toss 2:00 Activity Boxes 3:00 Word Searches	<b>29</b> 8:45 Morning Stretch 10:30 Stella's Library Corner 11:00 Movement on Monday 11:30 Soil and Serenity 2:00 Movie Matinee 3:30 Soccer Circle	<b>30</b> 8:45 Morning Stretch 10:00 Baking Circle 11:00 Scarf Dancing 11:30 Soil and Serenity 1:30 Nail Spa 2:00 Buttered Up! 3:30 Bean Bag Toss Game	 Welcome Summer!			



## June 2026 upcoming events

**Father's Day BBQ**  
**Thursday, June 18**  
**12:30 pm**  
**\$9 per person**  
**RSVP by 6/15**

**Botanical Gardens**  
**Memory Walk**  
**Tuesday, June 23**  
**10:30 am**  
**At the Wilbur D. May**  
**Botanical Gardens**



*Our mission is to create and maintain comfortable, caring environments for those who depend on us.*