

Resident Spotlight



Pat

Pat grew up in many places in her military family. She met and married Obie and they settled into a life on the ranch. She spent her days taking care of the animals and land, but always had time to spend with her family (especially her grandkids). You can find her tapping toes to live music and overseeing Baking Circle at Arbors!



We had so much fun at our Fourth of July BBQ! Uncle Sam made an appearance to honor Independence Day with us. Our Employee Appreciation turned purple as we celebrated with grape floats and purple candy!



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Team Member Spotlight



Trey, Administrative Assistant
Trey has worked in customer service and administrative support roles for many years. He earned his Associate’s degree and is continuing to further his education. He came to Arbors wanting to learn how to make a positive impact in the lives of others. He looks forward to growing at Arbors for a long time to come!



August 2026

The Arbors Bulletin

Arbors Memory Care | 2121 E. Prater Way | Sparks, NV 89434 | 775-331-2229

www.arborsmemorycare.com



Arbors Memory Care invites you to stop by Tahoe Terrace and peruse the newest additions to our “My Story” Exhibit!

New photos and stories from our beloved residents are here waiting to be shared!

HAPPY Birthday

Residents

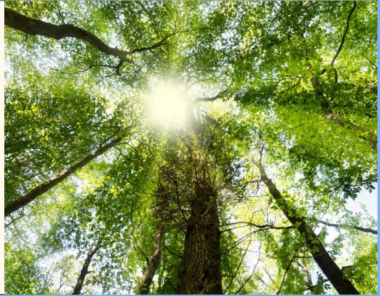
- Jo - 8/3
- Bob - 8/22

Team Members

- Tracy - 8/7
- Mari - 8/13
- Kelsi - 8/14
- Kelly - 8/16

AUGUST 2026

Arbors Memory Care • 2121 E. Prater Way, Sparks, NV 89434 • 775-331-2229

SUN	MON	TUE	WED	THU	FRI	SAT
					<i>National Wellness Month</i>	1 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Strength on Saturday 11:00 Soil and Serenity 2:00 Water Painting 3:30 Ball Toss Game 6:00 Nail Spa
2 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Sunday Service 11:00 Mens' Nail Spa 11:30 Finish Lines 1:30 Strollin' on Sunday 2:00 Bean Bag Toss Game 3:30 BINGO Game 6:00 Word Searches	3 8:45 Morning Stretch 10:30 Stella's Library Corner 11:00 Move & Groove Monday 11:30 Soil and Serenity 2:00 Art and Coloring 2:30 Good News in 2026 3:30 Balloon Volleyball Game 4:00 Humor and Jokes 6:00 Mind Joggers	4 8:45 Morning Stretch 10:00 Baking Circle 11:00 Scarf Dancing 11:30 Soil and Serenity 2:00 Don't Go Over! Game 3:30 Roll of the Dice 4:00 Chit Chat Sit 6:00 Art and Coloring	5 8:45 Morning Stretch 10:00 Beauty Hour 11:00 Nail Spa 11:30 Soil and Serenity 1:30 Zumba with Olivia 2:00 Categories Word Game 3:30 BINGO Game 4:00 Car Show 6:00 Movie Night	6 8:45 Morning Stretch 9:30 Arts and Crafts 11:00 Cardio Drumming 11:30 Soil and Serenity 2:00 What Am I? 2:30 Perusing Poetry 3:30 Golf Putting Game 4:00 Reminiscing 6:00 Puzzles and Board Games	7 8:45 Morning Stretch 9:30 Car Trivia 10:00 Sensory Circle 10:00 Pet Visits with Yuki 11:00 Parachute Games 11:30 Soil and Serenity 2:00 Harp Music with Leandra 3:30 BINGO Game 6:00 Minds in Motion	8 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Strength on Saturday 11:00 Soil and Serenity 2:00 Double Trouble Word Game 3:30 Ball Toss Game 6:00 Nail Spa
9 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Sunday Service 11:00 Mens' Nail Spa 11:30 Strollin' on Sunday 1:00 Piano Music with Ella 2:00 Bean Bag Toss Game 3:30 BINGO Game 6:00 Word Searches	10 8:45 Morning Stretch 10:30 Stella's Library Corner 11:00 Move & Groove Monday 11:30 Soil and Serenity 2:00 Elvis Movie Matinee 2:30 Picture This 3:30 Balloon Volleyball Game 4:00 Humor and Jokes 6:00 Music and Movement	11 8:45 Morning Stretch 10:00 Baking Circle 11:00 Scarf Dancing 11:30 Soil and Serenity 2:00 Musical Bean Bag Toss 3:30 Table Tennis Game 4:00 Chit Chat Sit 6:00 Art and Coloring	12 8:45 Morning Stretch 10:00 Armchair Travels 11:30 Soil and Serenity 1:30 Zumba with Olivia 2:00 Music of Nashville 3:30 BINGO Game 6:00 Movie Night	13 8:45 Morning Stretch 9:30 Art and Painting 11:00 Cardio Drumming 11:30 Soil and Serenity 2:00 Flip Side Word Game 2:30 Person of Interest 3:30 Soccer Circle 4:00 Reminiscing 6:00 Puzzles and Board Games	14 8:45 Morning Stretch 9:30 Musical Trivia 10:00 Sensory Circle 11:00 Parachute Games 11:30 Soil and Serenity 12:30 Outdoor BBQ Luncheon 2:00 Air Hockey Game 2:30 Short Story 3:30 BINGO Game 6:00 Minds in Motion	15 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Strength on Saturday 11:00 Soil and Serenity 2:00 Water Painting 3:30 Ball Toss Game 6:00 Nail Spa
16 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Sunday Service 11:00 Mens' Nail Spa 11:30 Mind Joggers 1:30 Strollin' on Sunday 2:00 Bean Bag Toss Game 3:30 BINGO Game 6:00 Word Searches	17 8:45 Morning Stretch 10:30 Stella's Library Corner 11:00 Move & Groove Monday 11:30 Soil and Serenity 2:00 Pool Party 3:30 Balloon Volleyball Game 4:00 Humor and Jokes 6:00 Ring Toss Game	18 8:45 Morning Stretch 10:00 Baking Circle 11:00 Scarf Dancing 11:30 Soil and Serenity 2:00 Finish Lines 2:30 Music with John Rand 4:00 Chit Chat Sit 6:00 Art and Coloring	19 8:45 Morning Stretch 10:00 Beauty Hour 11:00 Nail Spa 11:30 Soil and Serenity 1:30 Zumba with Olivia 2:00 Mining Word Game 3:30 Gigi's Reading Nook 4:00 Nail Spa 6:00 Movie Night	20 8:45 Morning Stretch 9:30 Arts and Crafts 10:00 Garden Club Outing 11:00 Cardio Drumming 11:30 Soil and Serenity 2:00 Word Pyramid Game 2:30 Where Am I? 3:30 Golf Putting Game 4:00 Reminiscing 6:00 Puzzles and Board Games	21 World Seniors' Day 8:45 Morning Stretch 9:30 August Trivia 10:00 Garden Club Planting 11:00 Parachute Games 11:30 Soil and Serenity 1:30 Happy Hour with Music by Jim Buehler 3:30 BINGO Game 6:00 Minds in Motion	22 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Strength on Saturday 11:00 Soil and Serenity 2:00 Unscramble Word Game 3:30 Ball Toss Game 6:00 Nail Spa
23 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Sunday Service 11:00 Mens' Nail Spa 11:30 Finish Lines 1:30 Strollin' on Sunday 2:00 Bean Bag Toss Game 3:30 BINGO Game 6:00 Word Searches	24 8:45 Morning Stretch 10:30 Stella's Library Corner 11:00 Move & Groove Monday 11:30 Soil and Serenity 2:00 Movie Matinee 2:30 Battle of the Sexes Game 3:30 Ladies' Spa Circle 3:30 Men's Card Circle 6:00 Balloon Volleyball	25 8:45 Morning Stretch 10:00 Baking Circle 11:00 Scarf Dancing 11:30 Soil and Serenity 2:00 Buttered Up! 3:30 Bowling Game 4:00 Chit Chat Sit 6:00 Art and Coloring	26 8:45 Morning Stretch 10:00 Beauty Hour 11:00 Nail Spa 11:30 Soil and Serenity 1:30 Zumba with Olivia 2:00 Categories Word Game 3:30 BINGO Game 6:00 Movie Night	27 8:45 Morning Stretch 9:30 Art and Painting 11:00 Cardio Drumming 11:30 Soil and Serenity 2:00 Mind Joggers 2:30 Music with Bob Estey 4:00 Reminiscing 6:00 Puzzles and Board Games	28 8:45 Morning Stretch 9:30 Sunny Trivia 10:00 Ice Cream Outing 11:00 Parachute Games 11:30 Soil and Serenity 2:00 Air Hockey Game 2:30 Short Story 3:30 BINGO Game 6:00 Minds in Motion	29 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Ladies' Nail Spa 10:30 Strength on Saturday 11:00 Soil and Serenity 2:00 Water Painting 3:30 Ball Toss Game 6:00 Nail Spa
30 8:45 Morning Stretch 9:30 Coffee and Current News 10:00 Sunday Service 11:00 Men's Nail Spa 11:30 Mind Joggers 1:30 Strollin' on Sunday 2:00 Bean Bag Toss Game 3:30 BINGO Game 6:00 Word Searches	31 8:45 Morning Stretch 10:30 Stella's Library Corner 11:00 Move & Groove Monday 11:30 Soil and Serenity 2:00 Art and Coloring 2:30 Musical Moment 3:30 Balloon Volleyball Game 4:00 Humor and Jokes 6:00 Short Stories					



August 2026

upcoming events

Car Show
8/5, 4 -7 pm
Parking Lot

BBQ Lunch
8/14 12:30pm
\$9.00 per person,
RSVP by 8/10

Hearing Aid
Workshop
8/27 at Noon
Tahoe Terrace



Our mission is to create and maintain comfortable, caring environments for those who depend on us.